


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>January 2019</h1> <p>Willows of Arbor Lakes 11955 80<sup>th</sup> Ave N. Maple Grove MN 55369</p> <h2>1st Floor Activities Calendar</h2> 	<b>1</b> <i>New Year's Day</i> 10:30 Fitness Fun 11:45 New Years Resolutions 12:00 Lunch 2:00 Afternoon Game 2:30 Coffee & Cookies 3:30 Toss & Tell 4:45 Trivia 5:00 Supper 6:15 Tenant's Choice 	<b>2</b> 9:45 Joyful Praise <b>11:00</b> Communion Service 11:45 Lounge Music 12:00 Lunch <b>2:00</b> Dog Visits with Solomon 2:30 Coffee & Cookies 3:30 Active Game 4:45 Conversation Cards 5:00 Supper 6:15 Winter Stories	<b>3</b> <i>Happy Birthday, Sue!</i> 10:30 Strengthen & Stretch 11:45 Piano Melodies 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Favorite Memories 5:00 Supper 6:15 Balloon Toss	<b>4</b> 10:30 Morning Exercise 11:45 Sing Along 12:00 Lunch <b>2:00</b> January Birthday Party with Nigel Egg 3:30 Bean Bags 4:45 Call out the Answer 5:00 Supper 6:15 Deck of Card Bingo 	<b>5</b> 10:30 Fitness Fun 11:45 Famous Faces 12:00 Lunch 2:00 Colorer's Corner 2:30 Coffee & Cookies 3:30 Shake Loose a Memory 4:45 Pastimes Cards 5:00 Supper 6:00 Good Nights	
	<b>6</b> 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Table Visits 5:00 Supper 6:00 Tenant's Choice	<b>7</b> 10:30 Move and Groove 11:45 Lounge Music 12:00 Lunch 2:00 Salt Snowflakes 2:30 Coffee & Cookies 3:30 Sweep Six Dice 4:45 Trivia 5:00 Supper 6:00 Aromatherapy Hand Massages	<b>8</b> 10:30 Morning Stretch 11:45 Music & Memories 12:00 Lunch <b>1:30</b> Fun with Kids! 2:30 Coffee & Cookies 3:30 Beading Craft 4:45 Table Talks 5:00 Supper 6:15 Coloring to Music	<b>9</b> 9:45 Joyful Praise <b>11:00</b> Communion Service 11:45 Lounge Music 12:00 Lunch <b>2:00</b> Dog Visits with Solomon 2:30 Coffee & Cookies 3:30 Bowling 4:45 Have you Ever? 5:00 Supper 6:15 Jigsaw Puzzles	<b>10</b> 10:30 Strengthen & Stretch 11:45 Piano Melodies 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Finishing Lines 5:00 Supper 6:15 Ring Toss 	<b>11</b> 10:30 Morning Exercise 11:45 Sing Along 12:00 Lunch 2:00 Blizzards Social 2:30 Coffee & Cookies 3:30 Basketball 4:45 Trivia 5:00 Supper 6:15 Reminisce Stories
<b>13</b> 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 6:00 Room Visits 	<b>14</b> 10:30 Move and Groove 12:00 Lunch 2:00 Watercolor Painting 2:30 Coffee & Cookies 3:30 Game of Uno 4:45 Spot the Difference 5:00 Supper 6:00 Aromatherapy Hand Massages	<b>15</b> 10:30 Morning Stretch 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Animal Bingo! 4:45 Trivia 5:00 Supper <b>6:00</b> Dementia Caregivers Support & Education Group	<b>16</b> 9:45 Joyful Praise <b>11:00</b> Communion Service 11:45 Lounge Music 12:00 Lunch <b>2:00</b> Dog Visits with Solomon 2:30 Coffee & Cookies 3:30 Noodle Ball 4:45 Life Stories 6:15 Short Stories	<b>17</b> 10:30 Strengthen & Stretch 11:45 Piano Melodies 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Share a Story 5:00 Supper 6:15 Jewelry Making	<b>18</b> 10:30 Morning Exercise 11:45 Sing Along 12:00 Lunch <b>1:30</b> Live Music: Bobby & Christine 3:30 Bean Bag Toss 4:45 Table Visits 5:00 Supper 6:15 Movie & Popcorn	<b>19</b> 10:30 Fitness Fun 11:45 Word Games 12:00 Lunch 2:00 Stories & Cocoa 3:30 Game of Outburst 4:45 Reminisce 5:00 Supper 6:00 Evening Chats 
<b>20</b> 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 6:00 Tenant's Choice	<b>21</b> 10:30 Move and Groove 11:45 Lounge Music 12:00 Lunch 2:00 Button Flowers 2:30 Coffee and Cookies 3:30 Penny Ante 4:45 Table Talks 5:00 Supper 6:00 Hand Massages	<b>22</b> 10:30 Morning Stretch 11:45 Music & Memories 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Sweep Six Dice 4:45 Table Talks 5:00 Supper 6:15 Card Games 	<b>23</b> 9:45 Joyful Praise <b>11:00</b> Communion Service 11:45 Lounge Music 12:00 Lunch <b>2:00</b> Dog Visits with Solomon 2:30 Coffee & Cookies 3:30 Active Game 4:45 Name Three 6:15 Jigsaw Puzzles	<b>24</b> 10:30 Strengthen & Stretch 11:45 Piano Melodies 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Finish the Phrase 5:00 Supper 6:15 Balloon Toss	<b>25</b> 10:30 Morning Exercise 11:45 Sing Along 12:00 Lunch 2:00 Rhythm Band 2:30 Coffee & Cookies 3:30 Ring Toss 4:45 Call out the Answer 5:00 Supper 6:15 Reminisce Stories	<b>26</b> 10:30 Fitness Fun 11:45 Word Games 12:00 Lunch 2:00 Game of Uno 2:30 Coffee & Cookies 3:30 Basketball 4:45 Have you Ever? 5:00 Supper 6:00 Walks/Wheels
<b>27</b> 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 6:00 Room Visits	<b>28</b> 10:30 Move & Groove 11:45 Table Visits 12:00 Lunch 2:00 Bookmark Coloring 2:30 Coffee & Cookies 3:30 Deck of Card Bingo 4:45 Music Trivia 5:00 Supper 6:00 Hand Massages 	<b>29</b> 10:30 Morning Stretch 11:45 Life Stories 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Pictionary 4:45 Conversation Cards 5:00 Supper 6:15 Movie and Popcorn	<b>30</b> 9:45 Joyful Praise <b>11:00</b> Communion Service 12:00 Lunch <b>2:00</b> Dog Visits with Solomon 2:30 Coffee & Cookies 3:30 Bowling 4:45 Been there, Done that 5:00 Supper 6:15 Short Stories	<b>31</b> 10:30 Strengthen & Stretch 11:45 Piano Melodies 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Favorite Memories 5:00 Supper 6:15 Bean Bags	<p><b>Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities</b></p> 	

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.