

February 2025






Embracing life. Enriching lives.

Willows of Arbor Lakes Senior Living
 11955 80th Avenue North Maple Grove, MN 55369

Chef / Reservations: 763-777-8690

Email: joshe@willowsofarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times</p> <p>7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>	<p>2/20/2025</p> <p>Made to Order Breakfast</p> <p>Main Dining Room 8 AM - 9 AM</p> 				<p>¹</p> <p>Noontime Dinner Chicken Broccoli Fettuccini Alfredo with a Breadstick</p> <p>Evening Supper Chicken Chow Mein over Rice topped with Chow Mein Noodles</p>
<p>²</p> <p>Noontime Dinner Pork Roll Egg & Cheese on a Kaiser Bun with Breakfast Potatoes</p> <p>Evening Supper Grandmothers Hamburger Gravy over Mashed Potatoes</p>	<p>³</p> <p>Noontime Dinner Apple & Brie Stuffed Chicken with Scalloped Potatoes & Vegetable Du Jour</p> <p>Evening Supper Tempura Shrimp with Vegetable Egg Fried Rice & Yummy Sauce</p>	<p>⁴</p> <p>Noontime Dinner Spinach Artichoke Chicken over Wild Rice Blend & Vegetable Du Jour</p> <p>Evening Supper Sloppy Joe Sandwich served with Tater Tots</p>	<p>⁵</p> <p>Noontime Dinner Beef Prime Rib with Oprah Mashed Potatoes & Vegetable Du Jour</p> <p>Evening Supper Bacon Cheddar Cheeseburger with Onion Petals & A1 Peppercorn Sauce</p>	<p>⁶</p> <p>Noontime Dinner Beef & Broccoli Stir-Fry over Rice with Steamed Potstickers</p> <p>Evening Supper BBQ Pulled Pork Slider Sandwich with Cheese Curds</p>	<p>⁷</p> <p>Noontime Dinner Broiled Shrimp served with Fingerling Potatoes & Vegetable Du Jour</p> <p>Evening Supper Beef Taco Salad with Southwest Sauce</p>	<p>⁸</p> <p>Noontime Dinner Country Fried Beef Steak with Mashed Potato & Gravy & Vegetable Du Jour</p> <p>Evening Supper Mac & Cheese with Kielbasa & Peas</p>
<p>⁹</p> <p>Noontime Dinner Denver Style Egg Bake Ham, Peppers, Onions & Cheese with Fruit Muffin</p> <p>Evening Supper Stuffed Bell Pepper with Mashed Potatoes</p>	<p>¹⁰</p> <p>Noontime Dinner Roasted Pork Tenderloin served with Baked Potato & Vegetable Du Jour</p> <p>Evening Supper Chicken Salad Croissant Sandwich with Sun Chips</p>	<p>¹¹</p> <p>Noontime Dinner Hearty Beef Stew served with Cornbread</p> <p>Evening Supper Flatbread Pizza with Pasta Salad</p>	<p>¹²</p> <p>Noontime Dinner Homemade Meatloaf with Loaded Mashed Potatoes & Vegetable Du Jour</p> <p>Evening Supper Coconut Shrimp over Tropical Rice with Apricot Sweet Chili Sauce</p>	<p>¹³</p> <p>Noontime Dinner Italian Sausage Lasagna served with a Breadstick</p> <p>Evening Supper Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread with Tzatziki Sauce & Antipasto</p>	<p>¹⁴ Valentine's Day </p> <p>Noontime Dinner Seafood Newberg Pasta topped with Leeks</p> <p>Evening Supper Pork Carnitas Burrito Bowl served with Guacamole</p>	<p>¹⁵</p> <p>Noontime Dinner Spaghetti & Meatballs in Marinara Sauce served with Garlic Bread</p> <p>Evening Supper Minnesotan Tater Tot Hotdish with Dinner Roll</p>
<p>¹⁶</p> <p>Noontime Dinner Belgium Waffles with Fruit Topping Eggs & Sausage Links</p> <p>Evening Supper Grilled Cheese Sandwich with Tomato Soup</p>	<p>¹⁷</p> <p>Noontime Dinner Beef Stroganoff over Egg Noodles with Peas & Pearl Onions</p> <p>Evening Supper Grilled Hot Dog on a Bun with Potato Chips</p>	<p>¹⁸</p> <p>Noontime Dinner Grilled Kielbasa & Sauerkraut with Roasted Potatoes & Vegetable Du Jour</p> <p>Evening Supper Crispy Chicken Sandwich with French Fries</p>	<p>¹⁹</p> <p>Noontime Dinner Chicken Supreme over Blended Wild Rice & Vegetable Du Jour</p> <p>Evening Supper Soft-Shell Chicken Tacos with Refried Beans & Spanish Rice</p>	<p>²⁰</p> <p>Noontime Dinner Open-Faced Hot Turkey Sandwich with Mashed Potatoes & Gravy & Vegetable Du Jour</p> <p>Evening Supper NY Deli Pastrami Reuben with 3 Bean Salad</p>	<p>²¹</p> <p>Noontime Dinner Grilled Salmon with Rice Pilaf & Vegetable Du Jour</p> <p>Evening Supper Parmesan Basil Cod with French Fries, Coleslaw & Tartar Sauce</p>	<p>²²</p> <p>Noontime Dinner Chicken Parmesan over Angel Hair Pasta & Garlic Bread</p> <p>Evening Supper Asian Chicken Cashew Salad with a Fresh Baked Croissant & Fresh Fruit</p>
<p>²³</p> <p>Noontime Dinner Cheesy Scrambled Eggs Sausage Links & Breakfast Potatoes</p> <p>Evening Supper Tailgaters Beef Brisket Chili Bowl with Cheddar Cheese & Sour Cream with Cornbread</p>	<p>²⁴</p> <p>Noontime Dinner BBQ Country Pork Ribs with Baked Beans & Vegetable Du Jour</p> <p>Evening Supper All American Cheeseburger with French Fries</p>	<p>²⁵</p> <p>Noontime Dinner Chicken Cordon Bleu with Scalloped Potatoes & Vegetable Du Jour</p> <p>Evening Supper Italian Sub Sandwich with Mozzarella Cheese Sticks & Marinara Sauce</p>	<p>²⁶</p> <p>Noontime Dinner Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans</p> <p>Evening Supper Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives</p>	<p>²⁷</p> <p>Noontime Dinner Tuscan Sausage Tortellini with Garlic Bread</p> <p>Evening Supper Orange Chicken with Asian Vegetables over Rice and Cream Cheese Wontons</p>	<p>²⁸</p> <p>Noontime Dinner Broiled Cod with Butter Parsley Potatoes & Vegetable Du Jour</p> <p>Evening Supper Tuna Noodle Salad with a Fresh Baked Croissant & Fresh Fruit</p>	