


July 2024

SOUTHVIEW
SENIOR COMMUNITIES

Embracing life. Enriching lives.

Willows of Arbor Lakes Senior Living
11955 80th Avenue North Maple Grove, MN 55369
Chef / Reservations: 763-777-8690
Email: joshe@willsofborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>1</p> <p>Noontime Dinner Grilled Kielbasa Sausage & Sauerkraut with Roasted Potatoes & Vegetable Du Jour</p> <p>Evening Supper Sloppy Joe Sandwich with Tater Tots</p>	<p>2</p> <p>Noontime Dinner Turkey Ala King over Puff Pastry</p> <p>Evening Supper California Chicken Sandwich with Rosemary Fries & Roasted Garlic Aioli</p>	<p>3</p> <p>Noontime Dinner Salisbury Steak with Mashed Potatoes & Gravy & Vegetable Du Jour</p> <p>Evening Supper Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives</p>	<p>4 </p> <p>Independence Day</p> <p>Noontime Dinner Smokehouse Beef Brisket with Steak Fries & Coleslaw</p> <p>Evening Supper Grilled Wisconsin Beer Bratwurst on a Bun with Sauerkraut & Cheddar Pretzel Nuggets</p>	<p>5</p> <p>Noontime Dinner Lemon Pepper Tilapia with Rice Pilaf & Vegetable Du Jour</p> <p>Evening Supper Italian Beef Sandwich with Au Jus & 3 Bean Salad</p>	<p>6</p> <p>Noontime Dinner Chicken Broccoli Fettuccini Alfredo with a Breadstick</p> <p>Evening Supper Orange Chicken with Asian Veg over Rice with Cream Cheese Wontons</p>
	<p>7</p> <p>Noontime Dinner Pork Roll Egg & Cheese on a Kaiser Bun with Hash Browns</p> <p>Evening Supper Grandmothers Hamburger Gravy over Mashed Potatoes</p>	<p>8</p> <p>Noontime Dinner Apple & Brie Stuffed Chicken with Scalloped Potatoes & Vegetable Du Jour</p> <p>Evening Supper Cuban Sandwich with Sweet Potato Fries</p>	<p>9</p> <p>Noontime Dinner Spinach Artichoke Chicken over Wild Rice Blend & Vegetable Du Jour</p> <p>Evening Supper Tempura Shrimp with Vegetable Egg Fried Rice & Yumyum Sauce</p>	<p>10</p> <p>Noontime Dinner Beef Prime Rib with Oprah Mashed Potatoes & Vegetable Du Jour</p> <p>Evening Supper Bacon Cheddar Cheeseburger with Onion Petals & A1 Peppercorn Sauce</p>	<p>11</p> <p>Noontime Dinner Beef & Broccoli Stir-Fry over Rice with Steamed Potstickers</p> <p>Evening Supper BBQ Pork Riblet Sandwich with Cheese Curds</p>	<p>12</p> <p>Noontime Dinner Broiled Shrimp with Fingerling Potatoes & Vegetable Du Jour</p> <p>Evening Supper Beef Taco Salad with Southwest Sauce</p>
<p>14</p> <p>Noontime Dinner Denver Style Egg Bake Ham, Peppers, Onions & Cheese with a Fruit Muffin</p> <p>Evening Supper Stuffed Bell Pepper with Mashed Potatoes</p>	<p>15</p> <p>Noontime Dinner Roasted Pork Tenderloin served with Baked Potato & Vegetable Du Jour</p> <p>Evening Supper Chicken Salad Croissant Sandwich with Fresh Fruit</p>	<p>16</p> <p>Noontime Dinner Hearty Beef Stew served with Cornbread</p> <p>Evening Supper Personal Pizza with Pasta Salad</p>	<p>17</p> <p>Noontime Dinner BBQ DAY</p> <p>Evening Supper Coconut Shrimp over Tropical Rice with Apricot Sweet Chili Sauce</p>	<p>18</p> <p>Noontime Dinner Vegetable Lasagna served with a Breadstick</p> <p>Evening Supper Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread Tzatziki Sauce & Antipasto Salad</p>	<p>19</p> <p>Noontime Dinner Alaskan Sole with Parsley Butter Potatoes & Vegetable Du Jour</p> <p>Evening Supper Pork Carnitas Burrito Bowl served with Guacamole</p>	<p>20</p> <p>Noontime Dinner Spaghetti & Meatballs in Marinara Sauce served with Garlic Bread</p> <p>Evening Supper Tater Tot Hotdish with Dinner Roll</p>
<p>21</p> <p>Noontime Dinner Quiche Lorraine with Fresh Fruit</p> <p>Evening Supper Grilled Cheese Sandwich with Tomato Soup</p>	<p>22</p> <p>Noontime Dinner Swedish Meatballs over Egg Noodles with Peas & Pearl Onions</p> <p>Evening Supper Soft-Shell Chicken Tacos with Refried Beans & Spanish Rice</p>	<p>23</p> <p>Noontime Dinner Beef Tri-Tip London Broil with Mashed Potatoes & Shallot Sauce & Vegetable Du Jour</p> <p>Evening Supper Hawaiian Pulled Pork Slider Sandwiches with Potato Salad</p>	<p>24</p> <p>Noontime Dinner Chicken Supreme over Wild Rice Blend & Vegetable Du Jour</p> <p>Evening Supper Grilled Hot Dog on a Bun with Potato Chips</p>	<p>25</p> <p>Noontime Dinner Open-Faced Hot Turkey Sandwich with Mashed Potatoes & Gravy and Cape Cod Blended Vegetable</p> <p>Evening Supper NY Deli Pastrami Reuben with Cucumber Salad</p>	<p>26</p> <p>Noontime Dinner Grilled Salmon with Rice Pilaf & Vegetable Du Jour</p> <p>Evening Supper Cod Nuggets with French Fries Coleslaw & Tartar Sauce</p>	<p>27</p> <p>Noontime Dinner Chicken Parmesan over Angel Hair Pasta with Marinara Sauce & Garlic Bread</p> <p>Evening Supper Asian Chicken Cashew Salad served with a Fresh Baked Croissant & Fresh Fruit</p>
<p>28</p> <p>Noontime Dinner Cheesy Scrambled Eggs Sausage Links & Breakfast Potatoes</p> <p>Evening Supper Tailgaters Chili Bowl with Cornbread</p>	<p>29</p> <p>Noontime Dinner BBQ Country Pork Ribs with Baked Beans & Vegetable Du Jour</p> <p>Evening Supper Bacon Cheeseburger Salad</p>	<p>30</p> <p>Noontime Dinner Shepard's Pie with a Dinner Roll</p> <p>Evening Supper Italian Sub Sandwich Salami, Ham, Lettuce, Tomato and Pasta Salad</p>	<p>31</p> <p>Noontime Dinner Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans</p> <p>Evening Supper Tuna Noodle Salad with a Fresh Baked Croissant & Fresh Fruit</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times</p> <p>7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>	<p>Independence Day</p> 