

September 2024



Willows of Arbor Lakes Senior Living
 11955 80th Avenue North Maple Grove, MN 55369
 Chef / Reservations: 763-777-8690
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Noontime Dinner <i>Cheesy Scrambled Eggs Sausage Links & Breakfast Potatoes</i> Evening Supper <i>Tailgaters Chili Bowl with Cornbread</i>	2 Labor Day Noontime Dinner <i>BBQ Country Pork Ribs with Baked Beans & Vegetable Du Jour</i> Evening Supper <i>Bacon Cheeseburger Salad</i>	3 Noontime Dinner <i>Shepard's Pie with a Dinner Roll</i> Evening Supper <i>Italian Sub Sandwich with Mozzarella Cheese Sticks and Marinara Sauce</i>	4 Noontime Dinner <i>Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans</i> Evening Supper <i>Chicken Chow Mein over Rice topped with Chow Mein Noodles</i>	5 Noontime Dinner <i>Tri-Color Tortellini in Rosa Italian Sausage Sauce and Tuscan Vegetables</i> Evening Supper <i>Chicken Tenderloins with Potato Salad & Dipping Sauce</i>	6 Noontime Dinner <i>Broiled Barramundi with Butter Parsley Potatoes & Vegetable Du Jour</i> Evening Supper <i>Tuna Noodle Salad with a Fresh Baked Croissant & Fresh Fruit</i>	7 Noontime Dinner <i>Country Fried Chicken Fritter over Mashed Potatoes & Gravy and Whole Kernel Corn</i> Evening Supper <i>Hungarian Goulash with a Dinner Roll</i>
8 Noontime Dinner <i>Amish Egg Bake with a Fruit Muffin</i> Evening Supper <i>Hot Ham & Cheese Croissant Sandwich served with Potato Chips</i>	9 Noontime Dinner <i>Grilled Kielbasa Sausage Sauerkraut with Roasted Potatoes & Vegetable Du Jour</i> Evening Supper <i>Bourbon Street Meatballs over Red Beans & Rice</i>	10 Noontime Dinner <i>Turkey Ala King over Puff Pastry</i> Evening Supper <i>California Style Chicken Sandwich with Rosemary Fries & Roasted Garlic Aioli</i>	11 Noontime Dinner <i>Salisbury Steak with Mashed Potatoes & Gravy & Vegetable Du Jour</i> Evening Supper <i>Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives</i>	12 Noontime Dinner <i>Smokehouse Beef Brisket with Steak Fries & Coleslaw</i> Evening Supper <i>Grilled Wisconsin Beer Bratwurst on a Bun with Sauerkraut & Cheddar Pretzel Nuggets</i>	13 Noontime Dinner <i>Lemon Pepper Tilapia with Rice Pilaf & Vegetable Du Jour</i> Evening Supper <i>Italian Beef Sandwich with Au Jus & 3 Bean Salad</i>	14 Noontime Dinner <i>Chicken Broccoli Fettuccini Alfredo with a Breadstick</i> Evening Supper <i>Orange Chicken with Asian Vegetables over Rice with Cream Cheese Wontons</i>
15 Noontime Dinner <i>Pork Roll Egg & Cheese on a Kaiser Bun with Breakfast Potatoes</i> Evening Supper <i>Grandmothers Hamburger Gravy over Mashed Potatoes</i>	16 Noontime Dinner <i>Spinach Artichoke Chicken over Wild Rice Blend & Vegetable Du Jour</i> Evening Supper <i>Sloppy Joe Sandwich served with Tater Tots</i>	17 Noontime Dinner <i>Apple & Brie Stuffed Chicken with Scalloped Potatoes & Vegetable Du Jour</i> Evening Supper <i>Tempura Shrimp with Vegetable Egg Fried Rice & Yumyum Sauce</i>	18 Noontime Dinner <i>Beef Prime Rib with Oprah Mashed Potatoes & Vegetable Du Jour</i> Evening Supper <i>Bacon Cheddar Cheeseburger with Onion Petals & A1 Peppercorn Sauce</i>	129 Noontime Dinner <i>Beef & Broccoli Stir-Fry over Rice with Steamed Potstickers</i> Evening Supper <i>BBQ Pork Riblet Sandwich with Cheese Curds</i>	20 Noontime Dinner <i>Broiled Shrimp served with Fingerling Potatoes & Vegetable Du Jour</i> Evening Supper <i>Beef Taco Salad with Southwest Sauce</i>	21 Noontime Dinner <i>Country Fried Beef Steak with Mashed Potato & Gravy & Vegetable Du Jour</i> Evening Supper <i>Mac & Cheese with Kielbasa & Peas</i>
22 Noontime Dinner <i>Denver Style Egg Bake Ham, Peppers, Onions & Cheese with Fruit Muffin</i> Evening Supper <i>Stuffed Bell Pepper with Mashed Potatoes</i>	23 Noontime Dinner <i>Roasted Pork Tenderloin served with Baked Potato & Vegetable Du Jour</i> Evening Supper <i>Chicken Salad Croissant Sandwich with Fresh Fruit</i>	24 Noontime Dinner <i>Hearty Beef Stew served with Cornbread</i> Evening Supper <i>Personal Pizza with Pasta Salad</i>	25 Noontime Dinner <i>Homemade Meatloaf with Loaded Mashed Potatoes & Vegetable Du Jour</i> Evening Supper <i>Coconut Shrimp over Tropical Rice with Apricot Sweet Chili Sauce</i>	26 Noontime Dinner <i>Vegetable Lasagna served with a Breadstick</i> Evening Supper <i>Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread with Tzatziki Sauce & Antipasto Salad</i>	27 Noontime Dinner <i>Alaskan Sole with Parsley Butter Potatoes & Vegetable Du Jour</i> Evening Supper <i>Pork Carnitas Burrito Bowl served with Guacamole</i>	28 Noontime Dinner <i>Spaghetti & Meatballs in Marinara Sauce served with Garlic Bread</i> Evening Supper <i>Tater Tot Hotdish with Dinner Roll</i>
29 Noontime Dinner <i>Chef's Choice Breakfast Platter</i> Evening Supper <i>Grilled Cheese Sandwich with Tomato Soup</i>	30 Noontime Dinner <i>Swedish Meatballs over Egg Noodles with Peas & Pearl Onions</i> Evening Supper <i>Soft-Shell Chicken Tacos with Refried Beans & Spanish Rice</i>				Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement