

February 2019



Willows of Arbor Lakes Senior Living
 11955 80th Avenue North Maple Grove, MN 55369
 Chef / Reservations: 763-777-8690
 Email: chelseym@willowsofarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>				<p>1</p> <p>Noontime Dinner Lemon Pepper Salmon with Rice Pilaf and Fresh Vegetable</p> <p>Evening Supper Minnesota Tuna Noodle Hot Dish with Warm Bread</p>	<p>2</p> <p>Noontime Dinner Turkey Dinner with Mashed Potato, Gravy Corn & Cranberry Sauce</p> <p>Evening Supper Loaded Baked Potato Bites topped with Bacon, Broccoli Cheese & Sour Cream</p>
<p>3</p> <p>Noontime Dinner Amish Brunch Casserole with a Fruit Muffin</p> <p>Evening Supper Beef Salisbury Steak with Au Gratin Potato & Green Beans</p>	<p>4</p> <p>Noontime Dinner Smoked Beef Brisket with Sweet Potato and Fresh Vegetable</p> <p>Evening Supper Chicken & Waffles with Maple Syrup</p>	<p>5</p> <p>Noontime Dinner Cheese Tortellini Vegetable Alfredo with Garlic Bread</p> <p>Evening Supper BBQ Pulled Pork Sandwich served with Memphis Baked Beans</p>	<p>6</p> <p>Noontime Dinner All American Cheese Burger with French Fries and a Dill Pickle Spear</p> <p>Evening Supper Swedish Meatballs over Egg Noodles with Vegetable Blend</p>	<p>7</p> <p>Noontime Dinner Asian Style Pork Ribs with Stir Fry Vegetable and Mashed Potato</p> <p>Evening Supper Classic Egg Salad on a Soft Roll served with Tomato Basil Soup</p>	<p>8</p> <p>Noontime Dinner Garlic Buttered Shrimp Scampi with Mashed Potato and Whole Kernel Corn</p> <p>Evening Supper Wild Alaskan Sole with Au Gratin Potato and Fresh Vegetable</p>	<p>9</p> <p>Noontime Dinner Beef & Marinara Lasagna with Vegetable Medley & Sliced Asiago Bread</p> <p>Evening Supper Chili Taco Mac & Cheese topped with Nacho Chips</p>
<p>10</p> <p>Noontime Dinner Turkey, Bacon & Tomato Scrambler served with a Fruit Muffin</p> <p>Evening Supper Minnesota Tator Tot Hot Dish with a Warm Dinner Roll</p>	<p>11</p> <p>Noontime Dinner Chicken Primavera Pasta Alfredo with Garlic Bread</p> <p>Evening Supper Breaded Butterflied Shrimp with Fries and Cole Slaw</p>	<p>12</p> <p>Noontime Dinner Beef Stew served with a Buttermilk Biscuit</p> <p>Evening Supper Sloppy Joe with Baked Beans and Potato Chips</p>	<p>13</p> <p>Noontime Dinner Chicken Mushroom Marsala over Mashed Potato & Vegetable</p> <p>Evening Supper Ham, Hash & Scrambled Eggs with a Danish Pastry</p>	<p>14 Valentine's Day </p> <p>Noontime Dinner Grilled Rib Eye Steak with Carrot Bacon Hot Dish</p> <p>Evening Supper Beef Meat Loaf with Mashed Potato and Fresh Green Beans</p>	<p>15</p> <p>Noontime Dinner Pecan Crusted Tilapia with Rice Pilaf and Fresh Vegetable</p> <p>Evening Supper Lemon Pepper Salmon with Pasta and Fresh Zucchini</p>	<p>16</p> <p>Noontime Dinner Country Fried Chicken Fritters on Mashed Potato Gravy & Corn</p> <p>Evening Supper Sausage & Pepperoni Pizza Pasta with Garlic Bread</p>
<p>17</p> <p>Noontime Dinner Ham & Broccoli Omelet Bake with a Fruit Muffin</p> <p>Evening Supper Bourbon Street Meatballs with Mashed Potato and Mixed Vegetable</p>	<p>18</p> <p>Noontime Dinner Dill Havarti Chicken over Mashed Potato and Fresh Vegetable</p> <p>Evening Supper Beef Pot Roast with Candied Yams and Fresh Green Beans</p>	<p>19</p> <p>Noontime Dinner Spaghetti & Meatballs with Garlic Breadsticks</p> <p>Evening Supper Sweet & Sour Chicken over Mashed Potato with Cream Cheese Won Tons</p>	<p>20</p> <p>Noontime Dinner Chicken Caccatorie over Garlic Potato with Asiago Bread</p> <p>Evening Supper Beef Pot Pie topped with Flakey, Buttery Crust</p>	<p>21</p> <p>Noontime Dinner Tender Beef Short Ribs with Mashed Potato and Onion Rings</p> <p>Evening Supper Sausage & Egg Scrambler on a bed of Potato Bites with a Fruit Muffin</p>	<p>22</p> <p>Noontime Dinner Lemon Pepper Tilapia with Scalloped Potato & Fresh Vegetable</p> <p>Evening Supper Coconut Shrimp with Tropical Jewel Rice & Vegetable Egg Roll</p>	<p>23</p> <p>Noontime Dinner Tender Beef Tips & Gravy with Caramelized Onions & Mushrooms over Egg Noodles</p> <p>Evening Supper Macaroni & Cheese with Kielbasa Sausage and Honey Corn Bread</p>
<p>24</p> <p>Noontime Dinner Scrambled Eggs, Sausage and Roasted Maple Potato with a Fruit Muffin</p> <p>Evening Supper Beef Brisket Sandwich with Smokey Gouda Cheese Bites</p>	<p>25</p> <p>Noontime Dinner BBQ Country Pork Ribs with Potato Salad and Whole Kernel Corn</p> <p>Evening Supper Cracker Crumb Haddock with Parsley Buttered Potato & Peas & Pearls</p>	<p>26</p> <p>Noontime Dinner French Chicken Bake with Grilled Asparagus & Asiago Cheese Bread</p> <p>Evening Supper Grandmother's Hamburger Gravy over Mashed Potato with a Warm Dinner Roll</p>	<p>27</p> <p>Noontime Dinner Broiled Orange Roughy with Rosemary Mashed Potato & Fresh Steamed Vegetable</p> <p>Evening Supper Chipped Beef (SOS) over Mashed Potato with Mixed Vegetable</p>	<p>28</p> <p>Noontime Dinner Chicken Mushroom Marsala over Mashed Potato & Vegetable</p> <p>Evening Supper Ground Italian Sausage Spaghetti with Garlic Bread</p>		