

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities</p>		<p>1 10:00 Morning Exercise 11:15 March Trivia 11:30 Lunch 1:00 A-Z with Cathie 2:00 Entertainment: Dale Martell 4:15 Finishing Lines 4:30 Supper 5:30 Evening Game</p>	<p>2 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:00 Sweep Six Dice 2:15 Coffee & Cookies 2:45 Noodle Ball 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>3 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Active Game</p>	<p>4 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Movie Matinee 2:15 Coffee & Cookies 2:45 Afternoon Game 4:15 Share a Story 4:30 Supper 5:30 Tenant's Choice</p>	<p>5 10:00 Balloon Toss 11:15 Life Stories 11:30 Lunch 1:15 Tenant's Choice 2:15 Coffee & Cookies 2:45 Afternoon Movie 4:15 Table Talks 4:30 Supper 5:30 Relaxation</p>	<p>6 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 2:15 Coffee and Cookies 3:00 Tenant's Choice 4:15 Favorite Memories 4:30 Supper 5:30 Jigsaw Puzzles</p>	<p>7 10:00 Balloon Toss 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Ring Toss</p>	<p>8 10:00 Visits with Ladybug 11:15 Table Visits 11:30 Lunch 1:00 A-Z with Cathie 2:00 Afternoon Movie 2:15 Coffee & Cookies 4:15 Finishing Lines 4:30 Supper 5:30 Evening Game</p>	<p>9 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:30 Irish Dancers from Rince Nua Irish Dance School 2:45 Toss & Tell 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>10 Daylight Savings Begins 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Ring Toss</p>	<p>11 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Toss and Tell 2:45 Shamrock Cookie Decorating 4:15 Spot the Difference 4:30 Supper 5:30 Hand Massages</p>	<p>12 10:00 Morning Stretch 11:15 Have you Ever? 11:30 Lunch 1:15 Afternoon Movie 2:15 Coffee & Cookies 2:45 Creative Corner 4:15 Trivia 4:30 Supper 5:30 Noodle Ball</p>	<p>13 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Name Three Ball 4:15 Famous Faces 4:30 Supper 5:30 Spectacular Ireland</p>	<p>14 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Dipped Oreos 4:15 Share a Story 4:30 Supper 5:30 Noodle Ball</p>	<p>15 10:00 Morning Exercise 11:15 St. Patty's Trivia 11:30 Lunch 1:00 A-Z with Cathie 2:00 March Birthday Party with Vinnie Rose 4:15 Finishing Lines 4:30 Supper 5:30 Evening Game</p>	<p>16 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Active Game 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>17 HAPPY ST. PATRICK'S DAY 10:00 Balloon Toss 11:45 Irish Proverbs 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:45 Bit O' Humor 4:30 Supper 5:30 Tenant's Choice</p>	<p>18 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Table Games 2:45 Creative Corner 4:15 Conversation Cards 4:30 Supper 5:30 Aromatherapy Hand Massages</p>	<p>19 10:00 Morning Stretch 11:15 Complete the Lyrics 11:30 Lunch 1:15 Penny Ante 2:45 Shamrock Floats 4:30 Supper 5:30 Coloring to Music 6:00 Dementia Caregivers Support & Education Group</p>	<p>20 First Day of Spring! 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Bowling 4:15 Name the Flowers 4:30 Supper 5:30 Spring Reminisce</p>	<p>21 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Make You Laugh 4:30 Supper 5:30 Basketball</p>	<p>22 10:00 Morning Exercise 11:15 Down Memory Lane 11:30 Lunch 1:00 A-Z with Cathie 2:15 Coffee & Cookies 2:45 Famous Women 4:15 Finishing Lines 4:30 Supper 5:30 Evening Game</p>	<p>23 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Sweep Six Dice 2:15 Coffee & Cookies 2:45 Basketball 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>24/31 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Ring Toss</p>	<p>25 10:00 Move & Groove 11:15 Table Visits 11:30 Lunch 1:30 Readings with Russ 2:15 Coffee & Cookies 2:45 Creative Corner 4:15 Make You Laugh 4:30 Supper 5:30 Aromatherapy Hand Massages</p>	<p>26 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:15 Deck of Card Bingo 2:15 Coffee & Cookies 2:45 Lucky Charm Treats 4:15 Conversation Cards 4:30 Supper 5:30 Movie and Popcorn</p>	<p>27 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 2:15 Coffee and Cookies 3:00 Noodle Ball 4:15 Common Bonds Trivia 4:30 Supper 5:30 Jigsaw Puzzles</p>	<p>28 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Ring Toss</p>	<p>29 10:00 Morning Exercise 11:15 Down Memory Lane 11:30 Lunch 1:00 A-Z with Cathie 2:15 Coffee & Cookies 2:45 Social Hour 4:15 Finishing Lines 4:30 Supper 5:30 Evening Game</p>	<p>30 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Deck of Card Bingo 2:15 Coffee & Cookies 2:45 Basketball 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.