

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities	1 10:00 Patriotic Parfaits with Katelyn 10:30 Readings with Russ 11:30 Lunch 1:15 4 th of July Necklaces 2:45 Creative Corner 4:15 States and Capitals 4:30 Supper 5:30 Hand Massages	2 Happy Birthday, Bev! 10:00 Morning Stretch 11:15 Music & Memories 11:30 Lunch 2:00 Karaoke (on 1st Flr.) 2:15 Coffee & Cookies 2:45 Muddy Buddies 4:15 Trivia 4:30 Supper 5:30 Patio Visits	3 10:15 Joyful Songs 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Patriotic Project 4:15 Finishing Lines 4:30 Supper 5:30 Bowling	 Happy 4th of July! 9:45 Patriotic Sing Along 11:15 USA Trivia 12:45 "God Bless America" 3:00 Bomb Pops 4:15 Independence Day Stories 4:30 Supper	5 10:00 Morning Exercise 11:15 Scenic America 11:30 Lunch 1:00 A-Z with Cathie 2:00 Entertainment: Amy & Adams 4:15 Reminisce 4:30 Supper 5:30 Cards on the Patio	6 10:00 Fitness Fun 11:15 Blackjack 11:30 Lunch 1:15 Sweep Six 2:15 Coffee & Cookies 2:45 Toss & Talk 4:15 Share a Story 4:30 Supper 5:30 Walks/Wheels
	7 10:00 Balloon Toss 11:15 Conversation Cards 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	8 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Sing Along 2:15 Cookies & Coffee 2:45 Jewelry Making 4:15 Brain Games 4:30 Supper 5:30 Aromatherapy Hand Massages	9 10:30 Worship Service 11:15 Table Visits 11:30 Lunch 1:15 Game Corner 2:15 Coffee & Cookies 2:45 Root Beer Floats 4:15 Famous Faces 4:30 Supper 5:30 Matching Game	10 10:15 Hymn Sing 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Sights and Sounds of Summer 4:15 Call out the Answer 4:30 Supper 5:30 Bean Bag Toss	11 10:00 Strengthen & Stretch 11:15 Word Games 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Pastimes Discussion 4:30 Supper 5:30 Great Outdoors	12 10:00 Morning Music 11:15 Trivia 11:30 Lunch 1:00 A-Z with Cathie 2:00 Hot Days, Cool Treats 4:15 Down Memory Lane 4:30 Supper 5:30 Active Game
14 10:00 Balloon Toss 11:15 Conversation Cards 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	15 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Lounge Music 2:45 Marble Art 4:15 Trivia 4:30 Supper 5:30 Aromatherapy Hand Massages	16 10:00 Morning Stretch 11:30 Resident and Family Barbeque 1:15 Sweep Six Dice 2:15 Coffee & Cookies 2:45 Table Game 4:15 Did you Know? 4:30 Supper 5:30 News Group	17 10:15 Joyful Songs 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Sing Along 4:15 Finishing Lines 4:30 Supper 5:30 Bowling	18 10:00 Strengthen & Stretch 11:15 Outburst 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Have you Ever? 4:30 Supper 5:30 Great Outdoors	19 10:00 Visits with Ladybug 11:15 Blackjack 11:30 Lunch 1:00 A-Z with Cathie 2:00 July Birthday Party with Kent Appeldoorn 4:15 Vacation Memories 4:30 Supper 5:30 Movie & Popcorn	20 10:00 Fitness Fun 11:15 Finish the Phrase 11:30 Lunch 1:15 Craft Corner 2:15 Coffee & Cookies 3:00 Basketball 4:15 Share a Story 4:30 Supper 5:30 Walks/Wheels
21 10:00 Balloon Toss 11:15 Conversation Cards 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	22 Happy Birthday, Elaine! 10:00 Move and Groove 11:15 Mindjoggers 11:30 Lunch 1:30 Readings with Russ 2:15 Coffee & Cookies 2:45 Creative Corner 4:15 Table Visits 4:30 Supper 5:30 Hand Massages	23 10:00 Morning Stretch 11:15 Brainquest Trivia 11:30 Lunch 1:15 Crazy Eights 2:15 Coffee & Cookies 2:45 Jewelry Making 4:15 Finish the Phrase 4:30 Supper 5:30 Popsicles on the Patio	24 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Game Corner 4:15 Call out the Answer 4:30 Supper 5:30 Toss & Tell	25 10:00 Strengthen & Stretch 11:15 Name Five 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Life Stories 4:30 Supper 5:30 Great Outdoors	26 10:00 Morning Music 11:15 Table Visits 11:30 Lunch 1:00 A-Z with Cathie 2:00 Hot Days, Cool Treats 4:15 Summer Reminisce 4:30 Supper 5:30 Bean Bags	27 10:00 Fitness Fun 11:15 Famous Landmarks 11:30 Lunch 1:15 Deck of Card Bingo 2:15 Coffee & Cookies 2:45 Ring Toss 4:15 Share a Story 4:30 Supper 5:30 Walks/Wheels
28 10:00 Balloon Toss 11:15 Conversation Cards 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	29 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Sing Along 2:45 Creative Corner 4:15 Name the President 4:30 Supper 5:30 Aromatherapy Hand Massages	30 10:00 Morning Stretch 11:15 Complete the Lyrics 1:15 Bunco 2:45 Sweep Six Dice 4:15 Trivia 4:30 Supper 5:30 Walks & Wheels 6:00 Dementia Caregivers Support & Education Group	31 10:15 Joyful Songs 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Afternoon Tunes 4:15 Finishing Lines 4:30 Supper 5:30 Ring Toss	 <h1>July 2019</h1> <p>Willows of Arbor Lakes 11955 80th Ave N. Maple Grove MN 55369 2nd Floor Activities Calendar</p> 		

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.