




January 2021



SOUTHVIEW
SENIOR COMMUNITIES

Embracing life. Enriching lives.

Willows of Arbor Lakes Senior Living
11955 80th Avenue North Maple Grove, MN 55369
Chef / Reservations: 763-777-8690
Email: chelseym@willowsfarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>			<p>1 New Years Day</p> <p>Noontime Dinner Lemon Pepper Tilapia with Scalloped Potato & Fresh Vegetable</p> <p>Evening Supper Coconut Shrimp with Tropical Jewel Rice & Vegetable Egg Roll</p>	<p>2 Noontime Dinner Beef Tips & Gravy with Onions & Mushrooms over Egg Noodles</p> <p>Evening Supper Macaroni & Cheese with Kielbasa Sausage and Garlic Bread</p>
<p>3 Noontime Dinner Scrambled Eggs, Sausage and Roasted Maple Potato with a Fruit Muffin</p> <p>Evening Supper Beef Brisket Sandwich with Smokey Gouda Cheese Bites</p>	<p>4 Noontime Dinner BBQ Country Pork Ribs with Potato Salad and Whole Kernel Corn</p> <p>Evening Supper All American Cheese Burger with French Fries and a Dill Pickle Spear</p>	<p>5 Noontime Dinner French Chicken Bake with Grilled Asparagus & Asiago Cheese Bread</p> <p>Evening Supper Grandmother's Hamburger Gravy over Mashed Potato with a Warm Dinner Roll</p>	<p>6 Noontime Dinner Broiled Citrus Cod Loin with Rosemary Mashed Potato & Fresh Steamed Vegetable</p> <p>Evening Supper Black Forest Ham Sandwich on Marble Rye with Mustard Swiss & German Potato Salad</p>	<p>7 Noontime Dinner Chicken Mushroom Marsala over Mashed Potato with Steamed Vegetable</p> <p>Evening Supper Roast Pork Loin with Seasoned Potato & Vegetable Blend</p>	<p>8 Noontime Dinner Garlic Buttered Shrimp with Mashed Potato & Buttered Corn</p> <p>Evening Supper Tuna Melt with American Cheese on Wheat with Sliced Tomato & Chips</p>	<p>9 Noontime Dinner Turkey Dinner with Mashed Potato, Gravy Corn & Cranberry Sauce</p> <p>Evening Supper Mongolian Beef with Scallions Over White Rice with Spring Rolls</p>
<p>10 Noontime Dinner Amish Brunch Casserole with a Fruit Muffin</p> <p>Evening Supper Beef Salisbury Steak with Twice Baked Potato & Green Beans</p>	<p>11 Noontime Dinner Smoked Beef Brisket with Mac & Cheese and Fresh Vegetable</p> <p>Evening Supper Belgium Waffles and Chicken with Maple Syrup</p>	<p>12 Noontime Dinner Cheese Filled Tortellini Vegetable Alfredo with Garlic Bread</p> <p>Evening Supper BBQ Pulled Pork Sandwich served with Memphis Baked Beans</p>	<p>13 Noontime Dinner All American Cheese Burger with French Fries and a Dill Pickle Spear</p> <p>Evening Supper Swedish Meatballs over Egg Noodles with Vegetable Blend</p>	<p>14 Noontime Dinner Asian Pork Ribs with Stir Fry Vegetables and Rice Blend</p> <p>Evening Supper Chicken Tenderloin with Honey Mustard Sauce and French Fries</p>	<p>15 Noontime Dinner Pot Roast Dinner with Candied Yams & Fresh Green Beans</p> <p>Evening Supper Mediterranean Salmon with Fire Roasted Potato & Steamed Broccoli</p>	<p>16 Noontime Dinner Beef & Marinara Lasagna with Malibu Vegetable and Asiago Bread</p> <p>Evening Supper Chili Taco Mac & Cheese on a bed of Corn Fritos</p>
<p>17 Noontime Dinner Turkey Hash with Scrambled Eggs a Fruit Muffin</p> <p>Evening Supper Minnesota Tator Tot Hot Dish with a Dinner Roll</p>	<p>18 Noontime Dinner Chicken Primavera Pasta Alfredo with Garlic Bread</p> <p>Evening Supper Italian Stromboli with Sausage Bell Peppers & Marinara Sauce with Antipasta Salad</p>	<p>19 Noontime Dinner Beef Stew served with a Buttermilk Biscuit</p> <p>Evening Supper Sloppy Joe with Baked Beans and Potato Chips</p>	<p>20 Noontime Dinner Grilled Rib Eye Steak with Fingerling Potato and Fresh Vegetable</p> <p>Evening Supper Thai Basil Chicken with Vegetables and Jasmine Rice</p>	<p>21 Noontime Dinner Turkey Wild Rice Casserole with a Warm Dinner Roll</p> <p>Evening Supper Beef Meat Loaf with Twice Baked Potato & Fresh Green Beans</p>	<p>22 Noontime Dinner Fresh Salmon with Dill with Scalloped Potato & Fresh Vegetable</p> <p>Evening Supper Pecan Crusted Tilapia with Rice Pilaf & Fresh Vegetable</p>	<p>23 Noontime Dinner Country Fried Chicken on Mashed Potato Gravy & Corn</p> <p>Evening Supper Sausage & Pepperoni Pizza</p>
<p>24 Noontime Dinner Garlic Rosemary Chicken with Orzo & Fresh Vegetable</p> <p>Evening Supper Bourbon Street Meatballs over White Rice & Vegetable Blend</p>	<p>25 Noontime Dinner Beef Pepper Steak over White Rice with Pot Sticker</p> <p>Evening Supper Potato & Ham Casserole with Fresh Vegetable</p>	<p>26 Noontime Dinner Herb Seasoned Airline Cut Chicken Breast with Baked Beans & Corn</p> <p>Evening Supper Grilled Cheese Toasted Sandwich served with Tomato Basil Soup</p>	<p>27 Noontime Dinner Beef Teriyaki Stir Fry with Vegetables</p> <p>Evening Supper Rice & Fortune Cookie Biscuits & Sausage Gravy with Vegetable Blend</p>	<p>28 Noontime Dinner Cranberry Orange Chicken with Fingerling Potato and Fresh Vegetable</p> <p>Evening Supper Honey Mustard Hot Ham & Cheese Hawaiian Slider with Potato Chips</p>	<p>29 Noontime Dinner Italian Sausage Tortellini with Rosa Sauce & Primavera Vegetables</p> <p>Evening Supper Korean Style Beef Short Ribs with White Rice & Mandarin Vegetables</p>	<p>30 Noontime Dinner Beef Country Fried Steak with Mashed Potato, Gravy & Corn</p> <p>Evening Supper Butterflied Breaded Shrimp with French Fries and Cole Slaw</p>