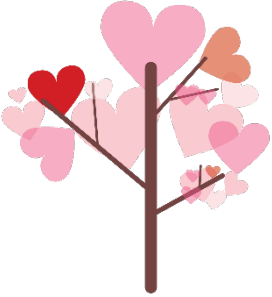
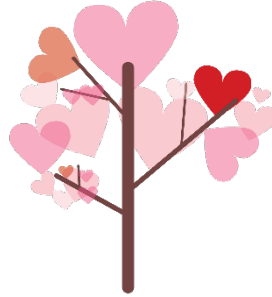











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="color: #c00040;">February 2019</h1> <h2 style="color: #c00040;">Willows of Arbor Lakes</h2> <p style="color: #c00040;">11955 80th Ave N. Maple Grove MN 55369</p> <h3 style="color: #c00040;">1st Floor Activities Calendar</h3> 			<p>Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities</p>		<p>1 10:30 Morning Exercise 11:45 Down Memory Lane 12:00 Lunch 2:00 Heart Wreath Craft 2:30 Coffee & Cookies 3:30 Name 5 Game 4:45 Finishing Lines 5:00 Supper 6:00 Short Stories</p>	<p>2 10:30 Fitness Fun 11:45 Call out the Answer 12:00 Lunch 2:00 Game of Uno 2:30 Coffee & Cookies 3:30 Active Game 4:45 Reminiscing 5:00 Supper 6:00 Walks/Wheels</p>
<p>3 Superbowl Sunday 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 5:30 Superbowl Game</p>	<p>4 10:30 Move and Groove 11:45 Conversation Cards 12:00 Lunch 2:00 Afternoon Game 2:30 Coffee & Cookies 3:30 Toss and Tell 4:45 Trivia 5:00 Supper 6:00 Aromatherapy Hand Massages</p>	<p>5 10:30 Morning Stretch 11:45 Life Stories 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Candy Dice Game 4:45 Spot the Difference 5:00 Supper 6:00 Coloring to Music</p>	<p>6 9:45 Morning News 11:00 Communion Service 11:45 Finish the Phrase 12:00 Lunch 2:00 Dog Visits with Solomon 2:30 Coffee & Cookies 3:45 Bowling 4:45 Famous Faces 5:00 Supper 6:00 Jigsaw Puzzles</p>	<p>7 10:30 Strengthen & Stretch 11:45 Table Talks 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Share a Story 5:00 Supper 6:00 Ring Toss</p>	<p>8 10:30 Morning Exercise 11:45 Down Memory Lane 12:00 Lunch 2:00 February Birthday Party with Randy Roloff 3:30 Bean Bag Toss  4:45 Finishing Lines 5:00 Supper 6:00 Short Stories</p>	<p>9 10:30 Fitness Fun 11:45 Call out the Answer 12:00 Lunch 2:00 Deck of Card Bingo 2:30 Coffee & Cookies 3:30 Toss & Tell 4:45 Reminiscing 5:00 Supper 6:00 Walks/Wheels</p>
<p>10 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 6:00 Active Game</p>	<p>11 10:30 Move and Groove 11:45 Conversation Cards 12:00 Lunch 2:00 Cookie Decorating 2:30 Coffee & Cookies  3:30 Famous Couples 4:45 Conversation Hearts 5:00 Supper 6:00 Aromatherapy Hand Massages</p>	<p>12 10:30 Morning Stretch 12:00 Lunch 1:30 Fun with Kids! 2:00 Cupid Floats 2:30 Coffee & Cookies 3:30 Valentine Dice Game 4:45 Trivia 5:00 Supper 6:00 "How I Met My Spouse Stories"</p>	<p>13 9:45 Morning News 11:00 Communion Service 11:45 Valentines Trivia 12:00 Lunch 2:00 Dog Visits with Solomon 2:30 Coffee & Cookies 3:45 Love Song Sing a Long 4:45 Heart & Soul Reminisce 5:00 Supper 6:00 Jewelry Making</p>	<p>14 Happy Valentine's Day! 10:30 Strengthen & Stretch 11:45 Valentines Riddles 12:00 Lunch 2:00 Valentine Bingo and Social 2:30 Coffee & Cookies 3:30 Manicures 4:45 Share a Story  5:00 Supper 6:00 Basketball</p>	<p>15 10:30 Morning Exercise 11:45 Down Memory Lane 12:00 Lunch 2:00 Entertainment: Ross McLeod  3:30 Name 5 Game 4:45 Finishing Lines 5:00 Supper 6:00 Short Stories</p>	<p>16 10:30 Fitness Fun 11:45 Call out the Answer 12:00 Lunch 2:00 Sweep Six Dice 3:30 Active Game 4:45 Reminiscing 5:00 Supper 6:00 Walks/Wheels</p>
<p>17 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia 5:00 Supper 6:00 Active Game</p>	<p>18 President's Day 10:30 Move and Groove 11:45 Guess the President 12:00 Lunch 2:00 Creative Corner 2:30 Coffee and Cookies 3:30 Name that Monument 4:45 Presidential Trivia 5:00 Supper 6:00 Hand Massages</p>	<p>19 10:30 Morning Stretch 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Sweep Six Dice 4:45 Table Talks 5:00 Supper 6:00 Dementia Caregivers Support & Education Group</p>	<p>20 9:45 Morning News 11:00 Communion Service 11:45 Finish the Lyrics 12:00 Lunch 2:00 Dog Visits with Solomon 2:30 Coffee & Cookies  3:45 Active Game 4:45 Famous Faces 6:00 Jigsaw Puzzles</p>	<p>21 10:30 Strengthen & Stretch 11:45 Table Talks 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Share a Story 5:00 Supper 6:00 Ring Toss</p>	<p>22 10:30 Visits with Ladybug 11:45 Down Memory Lane 12:00 Lunch 2:00 Social Hour 2:30 Coffee & Cookies 3:30 Bean Bag Toss 4:45 Finishing Lines 5:00 Supper 6:00 Short Stories</p>	<p>23 Happy Birthday, Lois! 10:30 Fitness Fun 11:45 Call out the Answer 12:00 Lunch 2:00 Game of Uno 2:30 Coffee & Cookies 3:30 Active Game 4:45 Reminiscing 5:00 Supper 6:00 Walks/Wheels</p>
<p>24 Happy Birthday, Gail! 10:30 Balloon Toss 11:45 Chicken Soup Stories 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Trivia  5:00 Supper 6:00 Active Game</p>	<p>25 10:30 Move & Groove 11:45 Conversation Cards 12:00 Lunch 2:00 Creative Corner 2:30 Coffee & Cookies 3:30 Card Games 4:45 Music Trivia 5:00 Supper 6:00 Hand Massages</p>	<p>26 10:30 Morning Stretch 11:45 Life Stories 12:00 Lunch 2:00 Kitchen Creations 2:30 Coffee & Cookies 3:30 Deck of Card Bingo 4:45 Conversation Cards 5:00 Supper 6:00 Movie and Popcorn</p>	<p>27 9:45 Morning News 11:00 Communion Service 12:00 Lunch 2:00 Dog Visits with Solomon 2:30 Coffee & Cookies 3:45 Bowling 4:45 Been there, Done that 5:00 Supper 6:00 Penny Ante</p>	<p>28 10:30 Strengthen & Stretch 11:45 Table Talks 12:00 Lunch 2:00 Manicures 2:30 Coffee & Cookies 3:30 Bingo! 4:45 Share a Story 5:00 Supper 6:00 Basketball</p>	 	

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.