

JULY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Birthday Olga	2	3 BINGO	4 Happy 4th Of July	5	6
	10:00 Chair Pilates	10:00 Bible Stories with Russ	10:00 Sit & Be Fit	10:00 Yoga Strength	10:00 Flexibility & Motion	10:00 Balloon Toss
	11:20 Mind Joggers	11:20 Odds & Ends	11:20 Proverbs & Sayings	11:20 Finish This...	11:20 State the Simile	11:20 What Am I?
	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
	1:00 Scrabble	1:00 Sevens Card Game	1:00 BINGO	1:00 Yahtzee	1:00 Dominoes	1:00 Dice Bingo
	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
	3:30 Zero Difference Dice	3:30 Dice Bowling	3:30 Three-Peat Dice Game	3:30 Knock Out Dice Game	3:30 Red Light Card Game	3:30 Play or Pay Card Game
	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper
	5:30 Room Visits	5:30 Creative Coloring	6:15 Mindful Music	5:30 Puzzles	5:30 Evening Walks	5:30 Cranium Crunches
7	8	9	10 BINGO	11 Entertainment	12	13
10:00 Sunday Service	10:00 Sit & Stretch	10:00 Bible Stories with Russ	10:00 Seated Barre	10:00 Chair Yoga	10:00 Tai Chi Exercise	10:00 Paddle Balloon
11:00 Sunday Hymns	11:20 Threesome Words	11:20 That's a Cliches	11:20 Finish the Phrase	11:20 Name a TV Show	11:20 Trivia Time	11:20 Just Joking
11:30 Sunday Brunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Crazy 8 Card Game	1:00 Uno	1:00 Pig Dice Game	1:00 BINGO	1:00 Flip It Card Game	1:00 Connect 3 Card Game	1:00 Bingo
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
3:30 Three or More Dice Game	3:30 Music with Megan	3:30 Ship/Captain/Crew Dice	3:30 Peanut-dog visit	3:00 Pete Hofmann-entertainer	3:30 Three Dice Game	3:30 How Low Can You Go?
4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper
5:30 Music & Motion	5:30 Jigsaw Puzzles	5:30 Aqua Art	5:30 Room Visits	5:30 Tanagram Puzzles	5:30 Manicures	5:30 Readers Corner
14	15	16	17 BINGO	18	19	20 Happy Birthday Nancy F
10:00 Sunday Service	10:00 Sit & Be Fit	10:00 Bible Stories with Russ	10:00 Classical Stretch	10:00 Chair Pilates	10:00 Fit for Life	10:00 Balloon Toss
11:00 Sunday Hymns	11:20 Finishing Lyrics	11:20 Fact or Fiction	11:20 Food for Thought	11:20 Finish this Line	11:20 Fascinating Facts	11:20 Mind Joggers
11:30 Sunday Brunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Queen of Hearts Cards	1:00 Photo Frame Craft	1:00 Dice Bowling	1:00 BINGO	1:00 Uno Card Game	1:00 Pig Dice Game	1:00 Dice Bingo
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
3:30 Ship/Captain/Crew Dice	3:30 Knock Out Dice Game	3:30 Joker Card Game	3:30 Cover the Number	3:30 Beat That Dice Game	3:30 Everest Dice Game	3:30 Pass the Trash Cards
4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper
5:30 Breathe Easy Yoga	5:30 Readers Corner	5:30 Room Visits	5:30 Creative Coloring	5:30 Cranium Crunches	5:30 Puzzles	5:30 Manicures
21	22	23 Entertainment	24 BINGO	25	26 Summer Olympics Start	27
10:00 Sunday Service	10:00 Seated Barre	10:00 Bible Stories with Russ	10:00 Tai Chi Exercise	10:00 Yoga Strength	10:00 Flexibility & Motion	10:00 Noodle Balloon
11:00 Sunday Hymns	11:20 Odds & Ends	11:20 Proverbs & Sayings	11:20 Finish This...	11:20 State the Simile	11:20 What am I?	11:20 Threesome Words
11:30 Sunday Brunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Yahtzee	1:00 Scrabble Poker	1:30 Patrick Allen-entertainer	1:00 BINGO	1:00 Go Boom Card Game	1:00 L-R-C Dice Game	1:00 Bingo
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
3:30 Up Down Card Game	3:30 Music with Megan	3:30 Dominoes	3:30 Peanut-dog visit	3:30 Three or More Dice Game	3:30 Crazy 8 Card Game	3:30 10,000 Dice Game
4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper
5:30 Music & Motion	5:30 Aqua Art	5:30 Tanagram Puzzles	5:30 Room Visits	5:30 Readers Corner	5:30 Mindful Music	5:30 Jigsaw Puzzles
28	29	30	31 BINGO	Weather permitting we will go out on the patio as much as possible.		
10:00 Sunday Service	10:00 Sit & Stretch	10:00 Bible Stories with Russ	10:00 Exercise with Balls			
11:00 Sunday Hymns	11:20 Finish the Phrase	11:20 Just Joking	11:20 Fascinating Facts			
11:30 Sunday Brunch	11:30 Lunch	11:30 Lunch	11:30 Lunch			
1:00 Pass the Trash Cards	1:00 Painting Class	1:00 Uno Reverse Game	1:00 BINGO			
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies			
3:30 Threes Dice Game	3:30 Fifty Dice Game	3:30 Farkle Dice Game	3:30 Red Light Card Game			
4:30 Supper	4:30 Supper	4:30 Supper	4:30 Supper			
5:30 Breathe Easy Yoga	5:30 Manicures	5:30 Room Visits	5:30 Puzzles			

Contact Shelley Merkle, Activity Director at 763-777-8691 for any additional information. *Activities may vary on calendar occasionally due to tenants preference.