

**The Willows of Arbor Lakes**

11955 80th Avenue North, Maple Grove MN  
First Floor



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						<b>1</b>		<b>2</b>	<b>Craft</b>	<b>3</b>		<b>4</b>	
						10:45	Exercise Balls	10:45	Chair Yoga	10:45	Current Events & Coffee	10:45	Balloon Toss
						11:45	Fascinating Facts	11:45	Trivia	11:45	Fact or Fiction	11:45	Mind Joggers
						12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch
						2:10	<b>BINGO</b>	2:10	<b>Craft</b>	2:10	<b>Farkle</b>	2:10	<b>Bingo</b>
						2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
						4:10	Slam Dice Game	4:10	Music with Megan	4:10	Uno Reverse	4:10	Pass the Trash Game
						5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper
6:10	Mad Libs	6:10	Room Visits	6:10	Word Puzzles	6:00	Manicures & Hand Message						
<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>	<b>Entertainer</b>	<b>10</b>	<b>Baking</b>	<b>11</b>	
10:45	Sunday Service	10:45	Classical Stretch	0:00	<b>Bible Stories With Russ</b>	10:45	Exercise Balls	10:45	Chair Yoga	10:45	Current Events & Coffee	10:45	Paddle Balloon
11:30	Sunday Hymns	11:45	Brain Quest	11:45	Conversation Cards	11:45	Finishing Lines	11:45	Jokes	11:45	Finish the Phrase	11:45	Name a TV Show
12:00	Sunday Brunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch
2:10	Scrabble Poker	1:00	Dia De Reijes with Guadalupe	2:10	Balloon Volleyball	2:10	<b>BINGO</b>	1:30	Randy Rolloff- Entertainer	2:10	Baking	2:10	<b>Bingo</b>
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
4:10	Words That Start With...	4:10	Bonkers Dice Game	4:10	Go Fish	4:10	Funny Videos	4:10	Everest Dice Game	4:10	Red Light Card Game	4:10	Zero Dice Game
5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper
6:00	Room Visits	5:30	Cranium Crunches	6:10	Breath Easy Yoga	6:10	Manicures & Hand Message	6:10	Room Visits	6:10	Evening stroll	6:00	Game Night
<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>	<b>Made To Order Breakfast</b>	<b>17</b>		<b>18</b>	
10:45	Sunday Service	10:45	Classical Stretch	10:30	<b>Bible Stories With Russ</b>	10:45	Exercise Balls	10:45	Chair Yoga	10:45	Current Events & Coffee	10:45	Balloon Toss
11:30	Sunday Hymns	11:45	Finish the Phrase	11:45	If you Could?	11:45	Fascinating Facts	11:45	Trivia	11:45	Fact or Fiction	11:45	Mind Joggers
12:00	Sunday Brunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch
2:10	Chase the Ace Card Game	2:10	Question Ball	2:10	Bowling	2:10	<b>BINGO</b>	2:10	<b>Craft</b>	2:10	<b>Farkle</b>	2:10	<b>Bingo</b>
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
4:10	Family Talk	4:10	Pig Dice Game	4:10	Queen Of Hearts	4:10	Slam Dice Game	4:10	Music with Megan	4:10	Uno Reverse	4:10	Pass the Trash Game
5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper
6:00	Room Visits	6:10	Tangram Puzzles	6:10	Music & Motion	6:10	Mad Libs	6:10	Room Visits	6:10	Word Puzzles	6:00	Manicures & Hand Message
<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>	<b>Entertainer</b>	<b>24</b>	<b>Baking</b>	<b>25</b>	
10:45	Sunday Service	10:45	Classical Stretch	10:30	<b>Bible Stories With Russ</b>	10:45	Exercise Balls	10:45	Chair Yoga	10:45	Current Events & Coffee	10:45	Noodle Balloon
11:30	Sunday Hymns	11:45	Brain Quest	11:45	Conversation Cards	11:45	Finishing Lines	11:45	Jokes	11:45	Finish the Phrase	11:45	Name a TV Show
12:00	Sunday Brunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch
2:10	Scrabble Poker	2:10	Parachute Play/ Music	2:10	Balloon Volleyball	2:10	<b>BINGO</b>	1:15	Lisa Murphy- Entertainer	2:10	Baking	2:10	<b>Bingo</b>
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
4:10	7-Up White Board Game	4:10	Bonkers Dice Game	4:10	Go Fish	4:10	Funny Videos	4:10	Everest Dice Game	4:10	Red Light Card Game	4:10	Zero Dice Game
5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper
6:00	Room Visits	6:10	Cranium Crunches	6:10	Breath Easy Yoga	6:10	Manicures & Hand Message	6:10	Room Visits	6:10		6:00	Game Night
<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>		<b>31</b>			
10:45	Sunday Service	10:45	Classical Stretch	10:30	<b>Bible Stories With Russ</b>	10:45	Exercise Balls	10:45	Chair Yoga	10:45	Current Events & Coffee	10:45	Current Events & Coffee
11:30	Sunday Hymns	11:45	20 Questions	11:45	If you Could?	11:45	Fascinating Facts	11:45	Trivia	11:45	Fact or Fiction	11:45	Fact or Fiction
12:00	Sunday Brunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch	12:00	Lunch
2:10	Chase the Ace Card Game	2:10	Question Ball	2:10	Bowling	2:10	<b>BINGO</b>	2:10	Manicures and hand soaks	2:10	<b>Farkle</b>	2:10	<b>Farkle</b>
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
4:10	Double Dip Game	4:10	Pig Dice Game	4:10	Queen Of Hearts	4:10	Slam Dice Game	4:10	Cover the Number Dice Game	4:10	Uno Reverse	4:10	Uno Reverse
5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper	5:00	Supper
6:00	Room Visits	6:10	Tangram Puzzles	6:10	Music & Motion	6:10	Mad Libs	6:10	Room Visits	6:10	Word Puzzles	6:10	Word Puzzles

Contact Callie Pendy, Activity Director at 763-777-8691 for any additional information.

\*Times may vary on calendar occasionally due to tenants preference.

