

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>January 2019</h1> <p>Willows of Arbor Lakes 11955 80<sup>th</sup> Ave N. Maple Grove MN 55369</p> <h2>2nd Floor Activities Calendar</h2>		<b>1</b> 10:00 Fitness Fun 11:15 New Years Resolutions 11:30 Lunch 1:15 Afternoon Game 2:15 Coffee & Cookies 2:45 Toss & Tell 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	<b>2</b> 10:15 Joyful Praise <b>10:30 Communion Service</b> 11:30 Lunch <b>1:15 Dog Visits with Solomon</b> 2:15 Coffee and Cookies 3:00 Name that Tune 4:15 Conversation Cards 4:30 Supper	<b>3</b> 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Favorite Memories 4:30 Supper 5:30 Balloon Toss	<b>4</b> 10:00 Morning Music 11:15 Helping Hands 11:30 Lunch 1:00 A-Z with Cathie <b>2:00 January Birthday Party with Nigel Egg</b> 4:15 Call out the Answer 4:30 Supper 5:30 Bean Bags	<b>5</b> 10:00 Fitness Fun 11:15 Famous Faces 11:30 Lunch 1:00 Colorer's Corner 2:15 Coffee & Cookies 2:45 Shake Loose a Memory 4:15 Pastimes Cards 4:30 Supper 5:30 Active Game
<b>6</b> 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	<b>7</b> 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Lounge Music 2:15 Coffee & Cookies 2:45 Salt Snowflakes 4:15 Trivia 4:30 Supper 5:30 Aromatherapy Hand Massages	<b>8</b> 10:00 Morning Stretch 11:15 Short Stories 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Beading Craft 4:15 Famous Faces 4:30 Supper 5:30 Coloring to Music	<b>9 Happy Birthday, Ruth!</b> 10:15 Joyful Praise <b>10:30 Communion Service</b> 11:30 Lunch <b>1:15 Dog Visits with Solomon</b> 2:15 Coffee and Cookies 3:00 Sing Along 4:15 Have you Ever? 4:30 Supper 5:30 Bowling	<b>10</b> 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Jewelry Making	<b>11</b> 10:00 Morning Music 11:15 Card Games 11:30 Lunch 1:00 A-Z with Cathie 2:30 Blizzards Social 4:15 Trivia 4:30 Supper 5:30 Reminisce Stories	<b>12</b> 10:00 Fitness Fun 11:15 Table Visits 11:30 Lunch 1:00 Sweep Six 2:15 Coffee & Cookies 2:45 Active Game 4:15 Conversation Cards 4:30 Supper 5:30 Walks/Wheels
<b>13</b> 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Ring Toss	<b>14</b> 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Sing Along 2:45 Watercolor Painting 4:15 Table Talks 4:30 Supper 5:30 Aromatherapy Hand Massages	<b>15</b> 10:00 Morning Stretch 11:30 Lunch 1:15 Kitchen Creations 2:15 Coffee & Cookies 2:45 Animal Bingo! 4:15 Trivia 4:30 Supper <b>6:00 Dementia Caregivers Support &amp; Education Group</b>	<b>16</b> 10:15 Joyful Praise <b>10:30 Communion Service</b> 11:30 Lunch <b>1:15 Dog Visits with Solomon</b> 3:00 Afternoon Tunes 4:15 Life Stories 4:30 Supper 5:30 Noodle Ball	<b>17</b> 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Balloon Toss	<b>18</b> 10:00 Morning Music 11:15 Mindjoggers 11:30 Lunch 1:00 A-Z with Cathie <b>1:30 Live Music: Bobby &amp; Christine</b> 4:15 Table Visits 4:30 Supper 5:30 Movie & Popcorn	<b>19</b> 10:00 Fitness Fun 11:15 Word Games 11:30 Lunch 1:15 Table Game 2:45 Stories & Cocoa 4:15 Reminisce 4:30 Supper 5:30 Active Game
<b>20</b> 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Tenant's Choice	<b>21</b> 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:30 Lounge Music 2:45 Button Flowers 4:15 Conversation Cards 4:30 Supper 5:30 Aromatherapy Hand Massages	<b>22</b> 10:00 Morning Stretch 11:15 Complete the Lyrics 11:30 Lunch 1:15 Deck of Card Bingo 2:15 Coffee & Cookies 2:45 Kitchen Creations 4:15 Famous Places 4:30 Supper 5:30 Sweep Six Dice	<b>23</b> 10:15 Joyful Praise <b>10:30 Communion Service</b> 11:30 Lunch <b>1:15 Dog Visits with Solomon</b> 3:00 Name that Tune 4:15 Name Three 4:30 Supper 5:30 Active Game	<b>24</b> 10:00 Strengthen & Stretch 11:15 Reminisce 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Finish the Phrase 4:30 Supper 5:30 Balloon Toss	<b>25</b> 10:00 Morning Music 11:15 Have you Ever? 11:30 Lunch 1:00 A-Z with Cathie 2:15 Coffee & Cookies 3:00 Rhythm Band 4:15 Call out the Answer 4:30 Supper 5:30 Reminisce Stories	<b>26</b> 10:00 Fitness Fun 11:15 Word Games 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Basketball 4:15 Have you Ever? 4:30 Supper 5:30 Walks/Wheels
<b>27</b> 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Ring Toss	<b>28</b> 10:00 Move & Groove 11:15 Table Visits 11:30 Lunch 1:30 Readings with Russ 2:15 Coffee & Cookies 2:45 Bookmark Coloring 4:15 Name that Tune 4:30 Supper 5:30 Aromatherapy Hand Massages	<b>29</b> 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:15 Table Game 2:15 Coffee & Cookies 2:45 Pictionary 4:15 Conversation Cards 4:30 Supper 5:30 Movie and Popcorn	<b>30</b> 10:15 Joyful Praise <b>10:30 Communion Service</b> 11:30 Lunch <b>1:15 Dog Visits with Solomon</b> 2:15 Coffee and Cookies 3:00 Sing Along 4:15 Been there, Done that 4:30 Supper 5:30 Bowling	<b>31 Happy Birthday, Jim!</b> 10:00 Strengthen & Stretch 11:15 Blackjack 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Favorite Memories 4:30 Supper 5:30 Bean Bags	<p><b>Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities</b></p> 	

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.