

Willows of Arbor Lakes
 11955 80th Avenue North, Maple Grove MN
 Second Floor

JANUARY



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1		2	Craft	3		4	
						10:00	Exercise Balls	10:00	Chair Yoga	10:00	Current Events & Coffee	10:00	Balloon Toss
						11:20	Fascinating Facts	11:20	Trivia	11:20	Fact or Fiction	11:20	Mind Joggers
						11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
						1:00	BINGO	1:00	Craft	1:00	Farkle	1:00	Bingo
						2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
						3:30	Slam Dice Game	3:30	Music with Megan	3:30	Uno Reverse	3:30	Pass the Trash Game
						4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Mad Libs	5:30	Room Visits	5:30	Word Puzzles	5:30	Manicures & Hand Massage						
5		6		7		8		9	Entertainer	10	Baking	11	
10:00	Sunday Service	10:00	Classical Stretch	10:00	Bible Stories With Russ	10:00	Exercise Balls	10:00	Chair Yoga	10:00	Current Events & Coffee	10:00	Paddle Balloon
11:00	Sunday Hymns	11:20	Brain Quest	11:20	Conversation Cards	11:20	Finishing Lines	11:20	Jokes	11:20	Finish the Phrase	11:20	Name a TV Show
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Scrabble Poker	1:00	Dia De Reijes with Guadalupe	1:00	Balloon Volleyball	1:00	BINGO	1:30	Randy Roloff- Entertainer	1:00	Baking	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Chase the Ace Card Game	3:30	Bonkers Dice Game	3:30	Go Fish	3:30	Funny Videos	3:30	Everest Dice Game	3:30	Red Light Card Game	3:30	Zero Dice Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Room Visits	5:30	Cranium Crunches	5:30	Breath Easy Yoga	5:30	Manicures & Hand Massage	5:30	Room Visits	5:30	Evening stroll	5:30	Game Night
12		13		14		15		16	Made To Order Breakfast	17		18	
10:00	Sunday Service	10:00	Classical Stretch	10:00	Bible Stories With Russ	10:00	Exercise Balls	10:00	Chair Yoga	10:00	Current Events & Coffee	10:00	Balloon Toss
11:00	Sunday Hymns	11:20	Finish the Phrase	11:20	If you Could?	11:20	Fascinating Facts	11:20	Trivia	11:20	Fact or Fiction	11:20	Mind Joggers
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Crazy 8 Card Game	1:00	Question Ball	1:00	Bowling	1:00	BINGO	1:00	Craft	1:00	Farkle	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Knock Out Dice Game	3:30	Pig Dice Game	3:30	Queen Of Hearts	3:30	Slam Dice Game	3:30	Music with Megan	3:30	Uno Reverse	3:30	Pass the Trash Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Room Visits	5:30	Tangram Puzzles	5:30	Music & Motion	5:30	Mad Libs	5:30	Room Visits	5:30	Word Puzzles	5:30	Manicures & Hand Massage
19		20		21		22		23	Entertainer	24	Baking	25	
10:00	Sunday Service	10:00	Classical Stretch	10:00	Bible Stories With Russ	10:00	Exercise Balls	10:00	Chair Yoga	10:00	Current Events & Coffee	10:00	Noodle Balloon
11:00	Sunday Hymns	11:20	Brain Quest	11:20	Conversation Cards	11:20	Finishing Lines	11:20	Jokes	11:20	Finish the Phrase	11:20	Name a TV Show
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Go Boom Card Game	1:00	Parachute Play/ Music	1:00	Balloon Volleyball	1:00	BINGO	1:15	Lisa Murphy- Entertainer	1:00	Baking	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Uno Card Game	3:30	Bonkers Dice Game	3:30	Go Fish	3:30	Funny Videos	3:30	Everest Dice Game	3:30	Red Light Card Game	3:30	Zero Dice Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Room Visits	5:30	Cranium Crunches	5:30	Breath Easy Yoga	5:30	Manicures & Hand Massage	5:30	Room Visits	5:30	Evening stroll	5:30	Game Night
26		27		28		29		30		31			
10:00	Sunday Service	10:00	Classical Stretch	10:00	Bible Stories With Russ	10:00	Exercise Balls	10:00	Chair Yoga	10:00	Current Events & Coffee		
11:00	Sunday Hymns	11:20	20 Questions	11:20	If you could?	11:20	Fascinating Facts	11:20	Trivia	11:20	Fact or Fiction		
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch		
1:00	Yahtzee	1:00	Question Ball	1:00	Bowling	1:00	BINGO	1:00	Manicures and hand soaks	1:00	Farkle		
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies		
3:30	Sevens Card Game	3:30	Pig Dice Game	3:30	Queen Of Hearts	3:30	Slam Dice Game	3:30	Cover the Number Dice Game	3:30	Uno Reverse		
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper		
5:30	Room Visits	5:30	Tangram Puzzles	5:30	Music & Motion	5:30	Mad Libs	5:30	Room Visits	5:30	Word Puzzles		

Contact Callie Pandy, Activity Director at 763-777-8691 for any additional information.

*Times may vary on calendar occasionally due to tenants preference.

