

Willows of Arbor Lakes

11955 80th Avenue North, Maple Grove MN

First Floor

JULY



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| | 1 | 2 | 3 BINGO | 4 Happy 4th Of July | 5 | 6 Happy Birthday Michael |
| | 10:45 Chair Pilates 11:45 Mind Joggers 12:00 Lunch 2:10 Scrabble 2:45 Coffee & Cookies 4:10 Family Talk Game 5:00 Supper 6:10 Room Visits | 10:45 Bible Stories with Russ 11:45 Odds & Ends 12:00 Lunch 2:10 Dice Bowling 2:45 Coffee & Cookies 4:10 Name Five 5:00 Supper 6:10 Creative Coloring | 10:45 Sit & Be Fit 11:45 Proverbs & Savings 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Yes, I Have 5:00 Supper 6:10 Mindful Music | 10:45 Yoga Strength 11:45 Finish This... 12:00 Lunch 2:10 Yahtzee 2:45 Coffee & Cookies 4:10 7 UP White Board 5:00 Supper 6:10 Puzzles | 10:45 Flexibility & Motion 11:45 State the Simile 12:00 Lunch 2:10 Dominoes 2:45 Coffee & Cookies 4:10 Opposites Game 5:00 Supper 6:10 Evening Walks | 10:45 Balloon Toss 11:45 What Am I? 12:00 Lunch 2:10 Dice Bingo 2:45 Coffee & Cookies 4:10 Would You Rather... 5:00 Supper 6:00 Cranium Crunches |
| | 7 | 8 | 10 BINGO | 11 Entertainment | 12 | 13 |
| 10:45 Sunday Service 11:30 Sunday Hymns 12:00 <i>Sunday Brunch</i> 2:10 Sevens Dice Game 2:45 Coffee & Cookies 4:10 Double Dip Word Game 5:00 Supper 6:00 Music & Motion | 10:45 Sit & Stretch 11:45 Threesome Words 12:00 Lunch 2:10 Pig Dice Game 2:45 Coffee & Cookies 4:10 Music with Megan 5:00 Supper 6:10 Jigsaw Puzzles | 10:45 Bible Stories with Russ 11:45 That's a Cliches 12:00 Lunch 2:10 Pig Dice Game 2:45 Coffee & Cookies 4:10 Junior Trivia 5:00 Supper 6:10 Aqua Art | 10:45 Seated Barre 11:45 Finish the Phrase 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Peanut-dog visit 5:00 Supper 6:10 Room Visits | 10:45 Chair Yoga 11:45 Name a TV Show 12:00 Lunch 2:10 Coffee & Cookies 3:00 <i>Pete Hofmann-entertainer</i> 4:10 Brain Quests 5:00 Supper 6:10 Tangram Puzzles | 10:45 Tai Chi Exercise 11:45 Trivia Time 12:00 Lunch 2:10 10,000 Dice Game 2:45 Coffee & Cookies 4:10 Word in a Word Game 5:00 Supper 6:10 Manicures | 10:45 Paddle Balloon 11:45 Just Joking 12:00 Lunch 2:10 Bingo 2:45 Coffee & Cookies 4:10 Outburst 5:00 Supper 6:00 Readers Corner |
| | 14 | 15 | 17 BINGO | 18 | 19 | 20 |
| 10:45 Sunday Service 11:30 Sunday Hymns 12:00 <i>Sunday Brunch</i> 2:10 Ship/Captain/Crew Dice 2:45 Coffee & Cookies 4:10 Categories 5:00 Supper 6:00 Breathe Easy Yoga | 10:45 Sit & Be Fit 11:45 Finishing Lyrics 12:00 Lunch 2:10 <i>Photo Frame Craft</i> 4:10 Words That Start With? 5:00 Supper 6:10 Readers Corner | 10:45 Bible Stories with Russ 11:45 Fact or Fiction 12:00 Lunch 2:10 Dice Bowling 2:45 Coffee & Cookies 4:10 Pictionary 5:00 Supper 6:10 Room Visits | 10:45 Classical Stretch 11:45 Food for Thought 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Anagrams 5:00 Supper 6:10 Creative Coloring | 10:45 Chair Pilates 11:45 Finish this Line 12:00 Lunch 2:10 Beat That Dice Game 2:45 Coffee & Cookies 4:10 7 Up White Board 5:00 Supper 6:10 Cranium Crunches | 10:45 Fit for Life 11:45 Fascinating Facts 12:00 Lunch 2:10 All 6 Dice Game 2:45 Coffee & Cookies 4:10 Name Five 5:00 Supper 6:10 Puzzles | 10:45 Balloon Toss 11:45 Mind Joggers 12:00 Lunch 2:10 Dice Bingo 2:45 Coffee & Cookies 4:10 Double Dip Word Game 5:00 Supper 6:00 Manicures |
| | 21 | 22 | 24 BINGO | 25 | 26 Summer Olympics Start | 27 |
| 10:45 Sunday Service 11:30 Sunday Hymns 12:00 <i>Sunday Brunch</i> 2:10 Yahtzee 2:45 Coffee & Cookies 4:10 Would You Rather... 5:00 Supper 6:00 Music & Motion | 10:45 Seated Barre 11:45 Odds & Ends 12:00 Lunch 2:10 Bonkers Dice Game 2:45 Coffee & Cookies 4:10 Music with Megan 5:00 Supper 6:10 Aqua Art | 10:45 Bible Stories with Russ 11:45 Proverbs & Savings 12:00 Lunch 1:30 <i>Patrick Allen-entertainer</i> 4:10 Word in a Word Game 5:00 Supper 6:10 Tangram Puzzles | 10:45 Tai Chi Exercise 11:45 Finish This... 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Peanut-dog visit 5:00 Supper 6:10 Room Visits | 10:45 Yoga Strength 11:45 State the Simile 12:00 Lunch 2:10 Beat That Dice Game 2:45 Coffee & Cookies 4:10 Shake a Memory 5:00 Supper 6:10 Readers Corner | 10:45 Flexibility & Motion 11:45 What am I? 12:00 Lunch 2:10 Pig Dice Game 2:45 Coffee & Cookies 4:10 Categories 5:00 Supper 6:10 Mindful Music | 10:45 Noodle Balloon 11:45 Threesome Words 12:00 Lunch 2:10 Bingo 2:45 Coffee & Cookies 4:10 Words That Start With? 5:00 Supper 6:00 Jigsaw Puzzles |
| | 28 | 29 | 31 BINGO | Weather permitting we will go out on patio as much as possible. | | |
| 10:45 Sunday Service 11:30 Sunday Hymns 12:00 <i>Sunday Brunch</i> 2:10 Threes Dice Game 2:45 Coffee & Cookies 4:10 20 Questions 5:00 Supper 6:00 Breathe Easy Yoga | 10:45 Sit & Stretch 11:45 Finish the Phrase 12:00 Lunch 2:10 <i>Flower Craft</i> 2:45 Coffee & Cookies 4:10 Pictionary 5:00 Supper 6:10 Manicures | 10:45 Bible Stories with Russ 11:45 Just Joking 12:00 Lunch 2:10 Farkle Dice Game 2:45 Coffee & Cookies 4:10 Opposites Game 5:00 Supper 6:10 Room Visits | 10:45 Exercise with Balls 11:45 Fascinating Facts 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Word in a Word Game 5:00 Supper 6:10 Puzzles | | | |

Contact Shelley Merkle, Activity Director at 763-777-8691 for any additional information.*Activities may vary on calendar occasionally due to tenants preference.