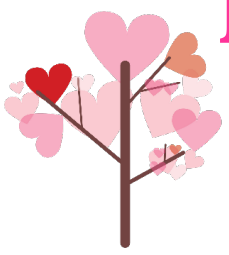
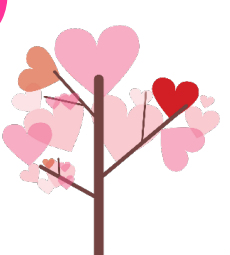











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>February 2019</h1> <p>Willows of Arbor Lakes 11955 80th Ave N. Maple Grove MN 55369 2nd Floor Activities Calendar</p> 			<p>Activities are subject to change. Please see daily sheet posted in dining room for any updated times and activities</p>		<p>1 10:00 Morning Stretch 11:15 Card Games 11:30 Lunch 1:00 A-Z with Cathie 2:15 Coffee and Cookies 2:45 Heart Wreath Craft 4:15 Finishing Lines 4:30 Supper 5:30 Short Stories</p>	<p>2 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Active Game 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>3 Superbowl Sunday 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Superbowl Game</p>	<p>4 Happy Birthday, Delores! 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Toss and Tell 2:15 Coffee & Cookies 2:45 Afternoon Game 4:15 Trivia 4:30 Supper 5:30 Aromatherapy Hand Massages</p>	<p>5 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Kitchen Creations 4:15 Conversation Cards 4:30 Supper 5:30 "How I Met My Spouse Stories"</p>	<p>6 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 2:15 Coffee and Cookies 3:00 Bowling 4:15 Famous Faces 4:30 Supper 5:30 Jigsaw Puzzles</p>	<p>7 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Ring Toss</p>	<p>8 10:00 Morning Stretch 11:15 Card Games 11:30 Lunch 1:00 A-Z with Cathie 2:00 February Birthday Party with Randy Roloff 4:15 Finishing Lines 4:30 Supper 5:30 Short Stories</p> 	<p>9 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Deck of Card Bingo 2:15 Coffee & Cookies 2:45 Toss & Tell 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>10 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Active Game</p>	<p>11 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Cookie Decorating 2:45 Famous Couples 4:15 Table Talk 4:30 Supper 5:30 Aromatherapy Hand Massages</p> 	<p>12 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:00 Afternoon Movie 2:15 Coffee & Cookies 2:45 Cupid Floats 4:15 Conversation Hearts 4:30 Supper 5:30 Coloring to Music</p>	<p>13 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Love Song Sing a Long 4:15 Heart & Soul Reminisce 4:30 Supper 5:30 Jewelry Making</p>	<p>14 Happy Valentine's Day! 10:00 Strengthen & Stretch 11:15 Valentines Riddles 11:30 Lunch 1:00 Manicures/Task Time 3:00 Valentine Bingo and Social 4:15 Share a Story 4:30 Supper 5:30 Basketball</p> 	<p>15 10:00 Morning Stretch 11:15 Card Games 11:30 Lunch 1:00 A-Z with Cathie 2:00 Entertainment: Ross McLeod 4:15 Finishing Lines 4:30 Supper 5:30 Short Stories</p> 	<p>16 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Sweep Six Dice 2:15 Coffee & Cookies 2:45 Active Game 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>17 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Active Game</p>	<p>18 Happy Birthday, Lori! President's Day 10:00 Move and Groove 10:30 Readings with Russ 11:30 Lunch 1:15 Presidential Trivia 2:45 Creative Corner 4:15 Name that Monument 4:30 Supper 5:30 Hand Massages</p>	<p>19 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:15 Sweep Six Dice 2:45 Kitchen Creations 4:30 Supper 5:30 Name 5 Game 6:00 Dementia Caregivers Support & Education Group</p>	<p>20 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 3:00 Active Game 4:15 Famous Faces 4:30 Supper 5:30 Jigsaw Puzzles</p> 	<p>21 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Ring Toss</p>	<p>22 10:00 Visits with Ladybug 11:15 Card Games 11:30 Lunch 1:00 A-Z with Cathie 2:45 Social Hour 4:15 Finishing Lines 4:30 Supper 5:30 Short Stories</p>	<p>23 10:00 Fitness Fun 11:15 Call out the Answer 11:30 Lunch 1:15 Game of Uno 2:15 Coffee & Cookies 2:45 Basketball 4:15 Reminiscing 4:30 Supper 5:30 Walks/Wheels</p>
<p>24 10:00 Balloon Toss 11:15 Chicken Soup Stories 11:30 Lunch 1:00 Manicures 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Trivia 4:30 Supper 5:30 Active Game</p> 	<p>25 10:00 Move & Groove 11:15 Table Visits 11:30 Lunch 1:30 Readings with Russ 2:15 Coffee & Cookies 2:45 Creative Corner 4:15 Table Talks 4:30 Supper 5:30 Aromatherapy Hand Massages</p>	<p>26 10:00 Morning Stretch 11:15 Life Stories 11:30 Lunch 1:15 Table Game 2:15 Coffee & Cookies 2:45 Kitchen Creations 4:15 Conversation Cards 4:30 Supper 5:30 Movie and Popcorn</p>	<p>27 10:00 Balloon Toss 10:30 Communion Service 11:30 Lunch 1:15 Dog Visits with Solomon 2:15 Coffee and Cookies 3:00 Bowling 4:15 Been there, Done that 4:30 Supper 5:30 Penny Ante</p>	<p>28 10:00 Strengthen & Stretch 11:15 Table Talk 11:30 Lunch 1:00 Manicures/Task Time 2:15 Coffee & Cookies 2:45 Bingo! 4:15 Share a Story 4:30 Supper 5:30 Basketball</p>		

Please check daily postings for any schedule changes. Contact the Activities Office at 763-777-8691 for any additional information.