

Willows of Arbor Lakes

11955 80th Avenue North, Maple Grove MN
Second Floor

SEPTEMBER



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1		2 Labor Day		3		4		5		6		7	
10:00	Sunday Service	10:00	Exercise Bands	10:00	Bible Stories With Russ	10:00	Yoga Strength	10:00	Flexibility & Motion	10:00	Fit for Life Exercise	10:00	Balloon Toss
11:00	Worship Hymns	11:20	Mind Joggers	11:20	Odds & Ends	11:20	Proverbs & Sayings	11:20	Finish This...	11:20	Fact or Fiction	11:20	State the Simile
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Uno Card Game	1:00	Yahtzee Game	1:00	Dominoes	1:00	BINGO	1:00	Joker Card Game	1:00	Go Boom Card Game	1:00	Bingo
2:45	Juice & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Penne Ante	3:30	Crazy 8 Card Game	3:30	Flip It Card Game	3:30	Peanut-dog visit	3:30	Pig Dice Game	3:30	Slam Dice Game	3:30	Up Down Card Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Card Puzzles	5:30	Room Visits	5:30	Creative Coloring	5:30	Picture Dominoes	5:30	Jigsaw Puzzles	5:30	Hand Massage/Nails	5:30	Sing-A-Long
8 Nat'l Grandparents Day		9		10 Entertainer		11		12		13 Apple Day		14	
10:00	Sunday Service	10:00	Tai Chi Exercise	10:00	Bible Stories With Russ	10:00	Sit & Be Fit	10:00	Seated Barre Exercises	10:00	Classical Stretch	10:00	Noodle Balloon
11:00	Worship Hymns	11:20	Who Am I?	11:20	Threesome Words	11:20	That's a Cliché	11:20	Finish The Phrase	11:20	What Am I?	11:20	Famous Women
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Ice Cream Social	1:00	Ship-Captain-Crew Dice	1:00	Sevens Card Game	1:00	BINGO	1:00	Scrabble	1:00	Apple Taste Testing	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Three's Dice Game	3:30	Skip-bo Card Game	3:00	Nigel E-entertainer	3:30	L-R-C Dice Game	3:30	Music with Megan	3:30	Three or More Dice Game	3:30	Go Boom Card Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Aqua Art	5:30	Tangram Puzzle	5:30	Room Visits	5:30	Wacky Words	5:30	Mindful Music	5:30	Classic Movie & Popcorn	5:30	Game Night
15		16 Happy Birthday Terry		17		18		19		20		21	
10:00	Sunday Service	10:00	Chair Pilates	10:00	Bible Stories With Russ	10:00	Exercise Balls	10:00	Chair Yoga	10:00	Flexibility & Motion	10:00	Balloon Toss
11:00	Worship Hymns	11:20	Trivia Time	11:20	Just Joking	11:20	Famous Couples	11:20	Finishing Lines	11:20	State Facts	11:20	Food For Thought
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Sevens Card Game	1:00	Dice Bowling	1:00	10,000 Dice Game	1:00	BINGO	1:00	Dominoes	1:00	Yahtzee	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Red Light, Green Light Card G	3:30	Cheat Card Game	3:30	How Low Card Game	3:30	Peanut-dog visit	3:30	Sevens Card Game	3:30	Can You Beat That?	3:30	Zero Difference Dice Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Picture Dominoes	5:30	Cranium Crunches	5:30	Aqua Art	5:30	Hand Massage/Nails	5:30	Room Visits	5:30	Card Puzzles	5:30	Sing-A-Long
22 Autumn Begins		23		24		25 Family Happy Hour		26 Entertainer		27		28	
10:00	Sunday Service	10:00	Yoga Strength	10:00	Bible Stories With Russ	10:00	Tai Chi Exercise	10:00	Fit for Life Exercise	10:00	Seated Barre Exercises	10:00	Paddle Balloon
11:00	Worship Hymns	11:20	Famous Men	11:20	Finishing Lyrics	11:20	Fact or Fiction	11:20	Fascinating Facts	11:20	Mind Joggers	11:20	Odds & Ends
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Crazy 8 Card Game	1:00	Bonkers Dice Game	1:00	Pass the Trash Card Game	1:00	BINGO	1:30	Mary F-entertainer	1:00	Farkle Dice Game	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Beat That Dice Game	3:30	Crazy 8 Card Game	3:30	Music with Megan	3:30	Uno Skip Game	3:30	Scrabble	3:30	Three or More Dice Game	3:30	Cheat Card Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Card Puzzles	5:30	Wacky Words	5:30	Tangram Puzzles	5:30	Happy Hour	5:30	Creative Coloring	5:30	Classic Movie & Popcorn	5:30	Game Night
29		30											
10:00	Sunday Service	10:00	Classical Stretch										
11:00	Worship Hymns	11:20	Finish This...										
11:30	Sunday Brunch	11:30	Lunch										
1:00	Go Boom Card Game	1:00	Pig Dice Game										
2:45	Coffee & Cookies	2:45	Coffee & Cookies										
3:30	Yahtzee	3:30	Zero Difference Dice Game										
4:30	Supper	4:30	Supper										
5:30	Qwirkle Game	5:30	Room Visits										



Contact Shelley Merkle, Activity Director at 763-777-8691 for any additional information. * Times may vary on calendar occasionally due to tenants preference.