Willows of Arbor Lakes
11955 80th Avenue North, Maple Grove MN
First Floor

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:45 Noodle Balloon 11:45 Name That Tune 12:00 Lunch 2:10 Dice Bingo 2:35 Coffee & Cookies 4:10 Finishing This Song… 5:00 Supper 6:00 Room Visits
2 10:45 Sunday Service 11:30 Sunday Hymns 12:00 ***Sunday Brunch*** 2:10 All Six Dice Game 2:45 Coffee & Cookies 4:10 7-Up White Board Game 5:00 Supper 6:00 Manicures/Hand Massage	**3** 10:45 Sit & Stretch 11:45 Trivia 12:00 Lunch 2:10 Basketball Toss 2:45 Coffee & Cookies 4:10 Uno Card Game 5:00 Supper 6:10 Card Puzzles	**4** 10:30 ***Bible Stories with Russ*** 11:45 Fact or Fiction 12:00 Lunch 2:10 Tic-Tac-Toe-Dice 2:45 Coffee & Cookies 4:10 Stuck in the Mud Dice Gam 5:00 Supper 6:10 Chair Yoga	**5** **Bingo** 10:45 Exercise Bands 11:45 Did you know Facts 12:00 Lunch 2:10 **Bingo** 2:45 Coffee & Cookies 4:10 Table Dicebreaker 5:00 Supper 6:10 Room Visits	**6** **Craft** 10:45 Exercise Balls 11:45 Finishing Lines 12:00 Lunch 2:10 Craft 2:45 Coffee & Cookies 4:10 Music with Megan 5:00 Supper 6:10 Evening Walks/Chats	**7** 10:45 Current Events & Coffee 11:45 Famous Women 12:00 Lunch 2:10 Baking 2:45 Coffee & Cookies 4:10 Qwirkle 5:00 Supper 6:10 Famous Proverbs	**8** 10:45 Balloon Toss 11:45 Cliches 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Shake a Memory 5:00 Supper 6:00 Room Visits
9 **Happy Birthday Jan** 10:45 Sunday Service 11:30 Sunday Hymns 12:00 ***Sunday Brunch*** 2:10 Ship, Captain, Crew Dice 2:45 Coffee & Cookies 4:10 Been There, Done That 5:00 Supper 6:00 Word Puzzles	**10** **Craft** 10:45 Sit & Stretch 11:45 Conversation Cards 12:00 Lunch 2:10 Roll A Rainbow 2:45 Coffee & Cookies 4:10 Three-Peat Dice Game 5:00 Supper 6:10 Animmal Planet	**11** 10:30 ***Bible Stories with Russ*** 11:45 Finish the Lyrics 12:00 Lunch 2:10 Bean Bag Bowling 2:45 Coffee & Cookies 4:10 Opposite Word Game 5:00 Supper 6:10	**12** **Bingo** 10:45 Exercise Bands 11:45 Say The Last Word 12:00 Lunch 2:10 **Bingo** 2:45 Coffee & Cookies 4:10 Funniest Home Videos 5:00 Supper 6:10 Room Visits	**13** 10:45 Exercise Balls 11:45 Just Jokes 12:00 Lunch 2:10 10,000 Dice Game 2:45 Coffee & Cookies 4:10 BLAZE- Dog Visits 5:00 Supper 6:10 Manicures/Hand Massage	**14** **Entertainer** 10:45 Current Events & Coffee 11:45 Famous Men 12:00 Lunch 2:10 Valentines Day Party 3:15 Keytones-Entertainer Keytones-Entertainer 5:00 Supper 6:10 Movie & Popcorn	**15** 10:45 Fly Swatter Balloon 11:45 Name That Tune 12:00 Lunch 2:10 Dice BINGO 2:45 Coffee & Cookies 4:10 Finishing This Song… 5:00 Supper 6:00 Room Visits
16 10:45 Sunday Service 11:30 Sunday Hymns 12:00 ***Sunday Brunch*** 2:10 All Six Dice Game 2:45 Coffee & Cookies 4:10 7-Up White Board Game 5:00 Supper 6:00 Manicures/Hand Massage	 10:45 Sit & Stretch 11:45 Trivia 12:00 Lunch 2:10 Basketball Toss 2:45 Coffee & Cookies 4:10 Uno Card Game 5:00 Supper 6:10 Card Puzzles	**18** **Monthly Birthday Party** 10:30 ***Bible Stories with Russ*** 11:45 Fact or Fiction 12:00 Lunch 1:45 Monthly Birthday Party 2:45 Monthly Birthday Party 4:10 Stuck in the Mud Dice Gam 5:00 Supper 6:10 Chair Yoga	**19** **Bingo** 10:45 Exercise Bands 11:45 Did you know Facts 12:00 Lunch 2:10 **Bingo** 2:45 Coffee & Cookies 4:10 Table Dicebreaker 5:00 Supper 6:10 Room Visits	**20** **Made to order Breakfast** 10:45 Exercise Balls 11:45 Finishing Lines 12:00 Lunch 2:10 Craft 2:45 Cookies 4:10 Music with Megan 5:00 Supper 6:10 Evening Walks/Chats	**21** 10:45 Current Events & Coffee 11:45 Famous Women 12:00 Lunch 2:10 Baking 2:45 Coffee & Cookies 4:10 Qwirkle 5:00 Supper 6:10 Famous Proverbs	**22** 10:45 Balloon Toss 11:45 Cliches 12:00 Lunch 2:10 BINGO 2:45 Coffee & Cookies 4:10 Shake a Memory 5:00 Supper 6:00 Room Visits
23 10:45 Sunday Service 11:30 Sunday Hymns 12:00 ***Sunday Brunch*** 2:10 Ship, Captain, Crew Dice 2:45 Coffee & Cookies 4:10 Been There, Done That 5:00 Supper 6:00 Word Puzzles	**24** 10:45 Sit & Stretch 11:45 Conversation Cards 12:00 Lunch 2:10 Roll A Rainbow 2:45 Coffee & Cookies 4:10 Three-Peat Dice Game 5:00 Supper 6:10 Nature Documentary	**25** 10:30 ***Bible Stories with Russ*** 11:45 Finish the Lyrics 12:00 Lunch 2:10 Tic-Tac-Toe-Dice 2:45 Coffee & Cookies 4:10 Opposite Word Game 5:00 Supper 6:10 Music & Motion	**26** **Bingo** 10:45 Exercise Bands 11:45 Say The Last Word 12:00 Lunch 2:10 **Bingo** 2:45 Coffee & Cookies 4:10 BLAZE- Dog Visits 5:00 Supper 6:10 Room Visits	**27** **Entertainer** 10:45 Exercise Balls 11:45 Just Jokes 12:00 Lunch 1:30 Ben Baldridge- Entertainer 2:45 Coffee & Cookies 4:10 Funniest Home Videos 5:00 Supper 6:10 Manicures/Hand Massage	**28** 10:45 Current Events & Coffee 11:45 Famous Men 12:00 Lunch 2:10 Balloon Volleyball 2:45 Coffee & Cookies 4:10 Family Talk 5:00 Supper 6:10 Movie & Popcorn	**29** 10:45 Paddle Balloon 11:45 Name That Tune 12:00 Lunch 2:10 Dice BINGO 2:45 Coffee & Cookies 4:10 Finishing This Song… 5:00 Supper 6:00 Room Visits
30 10:45 Sunday Service 11:30 Sunday Hymns 12:00 ***Sunday Brunch*** 2:10 All Six Dice Game 2:45 Coffee & Cookies 4:10 7-Up White Board Game 5:00 Supper 6:00 Manicures/Hand Massage						

Contact Callie Pendy, Activity Director at 763-777-8691 for any additional information.

* Times may vary on calendar occasionally due to tenants preference.