


March 2023

SOUTHVIEW
SENIOR COMMUNITIES

Embracing life. Enriching lives.

Willows of Arbor Lakes Senior Living
11955 80th Avenue North Maple Grove, MN 55369
Chef / Reservations: 763-777-8690
Email: joshe@willowsforarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>	<p>1</p> <p>Noontime Dinner Salisbury Steak with Mashed Potato & Gravy & Vegetable Du Jour</p> <p>Evening Supper Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives</p>	<p>2</p> <p>Noontime Dinner Chicken & Wild Rice Casserole with a Dinner Roll</p> <p>Evening Supper Grilled Wisconsin Beer Bratwurst on a Bun with Sauerkraut & Cheddar Pretzel Nuggets</p>	<p>3</p> <p>Noontime Dinner Citrus Salmon with Rice Pilaf & Vegetable Du Jour</p> <p>Evening Supper All American Cheeseburger with French Fries & Burger Sauce</p>	<p>4</p> <p>Noontime Dinner Chicken Broccoli Fettuccini Alfredo with a Breadstick</p> <p>Evening Supper Tater Tot Hotdish with Dinner Roll</p>
<p>5</p> <p>Noontime Dinner Sausage, Egg & Cheese Breakfast Sandwich served with Hash Browns</p> <p>Evening Supper Bourbon Street Meatballs over Red Beans & Rice</p>	<p>6</p> <p>Noontime Dinner Apple & Brie Stuffed Chicken Breast with Roasted Potatoes & Vegetable Du Jour</p> <p>Evening Supper Personal Pizza with Pasta Salad</p>	<p>7</p> <p>Noontime Dinner Chicken Wild Mushroom Ravioli with Garlic Bread</p> <p>Evening Supper Tempura Shrimp with Vegetable Egg Fried Rice & Yummy Sauce</p>	<p>8</p> <p>Noontime Dinner Homemade Meatloaf with Mashed Potatoes & Vegetable Du Jour</p> <p>Evening Supper California Style Grilled Chicken Sandwich with Rosemary Fries</p>	<p>9</p> <p>Noontime Dinner Beef & Broccoli Stir-Fry over Rice with Spring Rolls</p> <p>Evening Supper Beef Taco Salad with Southwest Sauce</p>	<p>10</p> <p>Noontime Dinner Broiled Shrimp served with Fingering Potatoes & Vegetable Du Jour</p> <p>Evening Supper Italian Beef Sandwich with Au Jus & French Fries</p>	<p>11</p> <p>Noontime Dinner Country Fried Beef Steak with Mashed Potato & Gravy & Vegetable Du Jour</p> <p>Evening Supper Seafood Sensation Salad on a Bun served with Potato Chips</p>
<p>12</p> <p>Noontime Dinner Denver Style Egg Bake Ham, Peppers, Onions & Cheese with Hash Browns</p> <p>Evening Supper Tailgaters Chili Bowl with Cornbread</p>	<p>13</p> <p>Noontime Dinner Lemon Pepper Tilapia with Scalloped Potatoes & Vegetable Du Jour</p> <p>Evening Supper Sweet and Sour Chicken & Asian Vegetables with Cream Cheese Wontons</p>	<p>14</p> <p>Noontime Dinner Roasted Pork Tenderloin served with Baked Potato & Vegetable Du Jour</p> <p>Evening Supper Cuban Sandwich with Sweet Potato Tots</p>	<p>15</p> <p>Noontime Dinner Beef Prime Rib with Oprah Mashed Potatoes & Vegetable Du Jour</p> <p>Evening Supper Coconut Shrimp over Tropical Rice with Apricot Sauce</p>	<p>16</p> <p>Noontime Dinner Beef Lasagna in Marinara Sauce served with Italian Vegetables</p> <p>Evening Supper Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread with Tzatziki Sauce & Pasta Salad</p>	<p>17 St Patrick's Day</p> <p>Noontime Dinner Corned Beef Brisket with Colcannon & Honey Glazed Carrots</p> <p>Evening Supper Irish Beef Stew with Irish Bread</p>	<p>18</p> <p>Noontime Dinner Spaghetti in Bolognese Sauce served with Garlic Bread</p> <p>Evening Supper Macaroni and Cheese with Kielbasa Sausage & Peas</p>
<p>19</p> <p>Noontime Dinner Bacon & Cheese Egg Bake served with a Fruit Muffin</p> <p>Evening Supper Grilled Cheese Sandwich with Tomato Soup</p>	<p>20</p> <p>Noontime Dinner Beef Pot Roast with Sweet Potatoes & Vegetable Du Jour</p> <p>Evening Supper Grilled Hot Dog on a Bun with Potato Chips</p>	<p>21</p> <p>Noontime Dinner Smokehouse Beef Brisket with Coleslaw & Steak Fries</p> <p>Evening Supper Grandmothers Hamburger Gravy over Mashed Potatoes</p>	<p>22</p> <p>Noontime Dinner Chicken Supreme over Egg Noodles & Vegetable Du Jour</p> <p>Evening Supper NY Deli Pastrami Reuben with 3 Bean Salad</p>	<p>23</p> <p>Noontime Dinner Turkey Dinner with Mashed Potatoes & Gravy Stuffing & Green Beans</p> <p>Evening Supper Hungarian Goulash served with a Dinner Roll</p>	<p>24</p> <p>Noontime Dinner Grilled Salmon with Roasted Potatoes & Vegetable Du Jour</p> <p>Evening Supper Corkscrew Shrimp Basket with French Fries, Coleslaw & Cocktail Sauce</p>	<p>25</p> <p>Noontime Dinner Chicken Parmesan over Angel Hair Pasta with Marinara Sauce & Garlic Bread</p> <p>Evening Supper Asian Chicken Cashew Salad served with a Fresh Baked Croissant</p>
<p>26</p> <p>Noontime Dinner Eggs, Sausage & Breakfast Potatoes</p> <p>Evening Supper Stuffed Cabbage served with a Dinner Roll</p>	<p>27</p> <p>Noontime Dinner BBQ Country Pork Ribs with Mac & Cheese & Vegetable Du Jour</p> <p>Evening Supper Swedish Meatballs over Mashed Potatoes with Garden Peas</p>	<p>28</p> <p>Noontime Dinner Seafood Newberg Pasta with Garlic Breadstick</p> <p>Evening Supper Italian Sub Sandwich Salami, Ham, Lettuce, Tomato and Pasta Salad</p>	<p>29</p> <p>Noontime Dinner Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans</p> <p>Evening Supper Root Beer Balsamic BBQ Pork Slider Sandwiches with Cheese Curds</p>	<p>30</p> <p>Noontime Dinner Chicken Manicotti in Rosa Sauce with Italian Vegetables</p> <p>Evening Supper Chicken Tenderloins with Potato Salad & Dipping Sauce</p>	<p>31</p> <p>Noontime Dinner Pecan Crusted Tilapia with Butter Parsley Potatoes & Vegetable Du Jour</p> <p>Evening Supper Mongolian Beef with White Rice & Steamed Potstickers</p>	