



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		1		2		3	BINGO	4		5		6	
		10:00	Chair Pilates	10:00	Bible Stories with Russ	10:00	Sit & Be Fit	10:00	Yoga Strength	10:00	Flexibility & Motion	10:00	Balloon Toss
		11:20	Mind Joggers	11:20	Odds & Ends	11:20	Proverbs & Sayings	11:20	Finish This...	11:20	State the Simile	11:20	What Am I?
		11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
		1:00	Scrabble	1:00	Yahtzee	1:00	BINGO	1:00	Mini Paper Umbrella Craft	1:00	Dominoes	1:00	Dice Bingo
		2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
		3:30	Zero Difference Dice,	3:30	Crazy 8 Card Game	3:30	Three-Peat Dice Game	3:30	Knock Out Dice Game	3:30	Red Light Card Game	3:30	Aces in the Hole Dice
		4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
	5:30	Dementia/Alzheimer's Support Group	5:30	Creative Coloring	6:15	Manicures	5:30	Puzzles	5:30	Room Visits	5:30	Cranium Crunches	
7		8		9	Entertainer	10	BINGO	11		12		13	
10:00	Sunday Service	10:00	Sit & Stretch	10:00	Bible Stories with Russ	10:00	Seated Barre	10:00	Chair Yoga	10:00	Tai Chi Exercise	10:00	Paddle Balloon
11:00	Sunday Hymns	11:20	Threesome Words	11:20	That's a Cliches	11:20	Finish the Phrase	11:20	Name a TV Show	11:20	Trivia Time	11:20	Just Joking
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Sevens Card Game	1:00	Uno	1:30	Tim Patrick-entertainer	1:00	BINGO	1:00	Flip It Card Game	1:00	Connect 3 Card Game	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Slam Dice Game	3:00	Cheat Card Game	3:30	Ship/Captain/Crew Dice	3:30	Peanut-dog visit	3:30	Bonkers Dice Game	3:30	Play or Pay Card Game	3:30	How Low Can You Go?
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Music & Motion	5:30	Jigsaw Puzzles	5:30	Aqua Art	5:30	Room Visits	5:30	Tangram Puzzles	5:30	Manicures	5:30	Readers Corner
14		15		16		17	BINGO	18		19		20	
10:00	Sunday Service	10:00	Sit & Be Fit	10:00	Bible Stories with Russ	10:00	Classical Stretch	10:00	Chair Pilates	10:00	Fit for Life	10:00	Balloon Toss
11:00	Sunday Hymns	11:20	Finishing Lyrics	11:20	Fact or Fiction	11:20	Food for Thought	11:20	Finish this Line	11:20	Fascinating Facts	11:20	Mind Joggers
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Queen of Hearts Cards	1:00	Help Your Neighbor	1:00	Dice Bowling	1:00	BINGO	1:00	Paper Raindrops Craft	1:00	All 6 Card Game	1:00	Dice Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Ship/Captain/Crew Dice	3:30	Knock Out Dice Game	3:30	Threes Dice Game	3:30	Cover the Number	3:30	Beat That Dice Game	3:00	Uno Card Game	3:30	Dominos
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Breathe Easy Yoga	5:30	Readers Corner	5:30	Room Visits	5:30	Creative Coloring	5:30	Cranium Crunches	5:30	Puzzles	5:30	Manicures
21		22		23	Entertainer	24	BINGO	25		26		27	
10:00	Sunday Service	10:00	Seated Barre	10:00	Bible Stories with Russ	10:00	Exercise Bands	10:00	Yoga Strength	10:00	Flexibility & Motion	10:00	Noodle Balloon
11:00	Sunday Hymns	11:20	Odds & Ends	11:20	Proverbs & Sayings	11:20	Finish This...	11:20	State the Simile	11:20	What am I?	11:20	Threesome Words
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
1:00	Yahtzee	1:00	Scrabble Poker	1:00	Zero Difference Dice	1:00	BINGO	1:00	Go Boom Card Game	1:00	L-R-C Dice Game	1:00	Bingo
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies
3:30	Up Down Card Game	3:30	Everest Dice Game	3:00	Nigel E.-entertainer	3:30	Peanut-dog visit	3:30	Three or More Dice Game	3:30	Crazy 8 Card Game	3:30	10,000 Dice Game
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper
5:30	Music & Motion	5:30	Aqua Art	5:30	Tangram Puzzles	5:30	Room Visits	5:30	Readers Corner	5:30	Mindful Music	5:30	Jigsaw Puzzles
28		29		30		31	BINGO	April 1-5:30 Dementia/Alzheimer's support group held in the conference room at the Willows of Arbor Lakes.					
10:00	Sunday Service	10:00	Sit & Stretch	10:00	Bible Stories with Russ	10:00	Exercise with Balls						
11:00	Sunday Hymns	11:20	Finish the Phrase	11:20	Just Joking	11:20	Fascinating Facts						
11:30	Sunday Brunch	11:30	Lunch	11:30	Lunch	11:30	Lunch						
1:00	Pass the Trash Cards	1:00	Dominoes	1:00	Uno Reverse Game	1:00	BINGO						
2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies	2:45	Coffee & Cookies						
3:30	Threes Dice Game	3:30	Fifty Dice Game	3:30	Farkle Dice Game	3:30	Red Light Ccard Game						
4:30	Supper	4:30	Supper	4:30	Supper	4:30	Supper						
5:30	Breathe Easy Yoga	5:30	Manicures	5:30	Room Visits	5:30	Puzzles						

