


April 2024



Willows of Arbor Lakes Senior Living
11955 80th Avenue North Maple Grove, MN 55369
Chef / Reservations: 763-777-8690
Email: joshe@willowsofarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Noontime Dinner <i>Roasted Pork Tenderloin served with Baked Potato & Vegetable Du Jour</i> Evening Supper <i>Chicken Salad Croissant Sandwich with Fresh Fruit</i>	2 Noontime Dinner <i>Seafood Newberg Pasta with Garlic Breadstick & Vegetable Du Jour</i> Evening Supper <i>Cuban Sandwich with Sweet Potato Tots</i>	3 Noontime Dinner <i>Homemade Meatloaf with Mashed Potatoes & Vegetable Du Jour</i> Evening Supper <i>Coconut Shrimp over Tropical Rice with Sweet Chili Apricot Sauce</i>	4 Noontime Dinner <i>Beef Lasagna in Marinara Sauce served with Italian Vegetables</i> Evening Supper <i>Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread with Tzatziki & Antipasto Salad</i>	5 Noontime Dinner <i>White Wine Dill Cod with Parsley Butter Potatoes & Vegetable Du Jour</i> Evening Supper <i>Pork Carnitas Burrito Bowl</i>	6 Noontime Dinner <i>Spaghetti & Meatballs Meatballs in Marinara Sauce served with Garlic Bread</i> Evening Supper <i>Tater Tot Hotdish with Dinner Roll</i>
7 Noontime Dinner <i>Belgium Waffle with Fruit Topping Scrambled Eggs & Sausage Links</i> Evening Supper <i>Grilled Cheese Sandwich with Tomato Soup</i>	8 Noontime Dinner <i>Grilled Kielbasa & Sauerkraut with Roasted Potatoes & Vegetable Du Jour</i> Evening Supper <i>Soft-Shell Chicken Tacos with Refried Beans & Spanish Rice</i>	9 Noontime Dinner <i>Beef Tri-Tip London Broil Mashed Potatoes & Shallot Wine Sauce & Vegetable Du Jour</i> Evening Supper <i>Pulled Pork Slider Sandwiches with Potato Salad</i>	10 Noontime Dinner <i>Chicken Supreme over Egg Noodles & Vegetable Du Jour</i> Evening Supper <i>Grilled Hot Dog on a Bun with Potato Chips</i>	11 Noontime Dinner <i>Turkey Dinner with Mashed Potatoes, Gravy Stuffing & Green Beans</i> Evening Supper <i>NY Deli Pastrami Reuben with Cucumber Salad</i>	12 Noontime Dinner <i>Grilled Salmon with Rice Pilaf & Vegetable Du Jour</i> Evening Supper <i>Cod Nuggets with French Fries Coleslaw & Tartar Sauce</i>	13 Noontime Dinner <i>Chicken Parmesan over Angel Hair Pasta with Marinara Sauce & Garlic Bread</i> Evening Supper <i>Asian Chicken Cashew Salad with a Fresh Baked Croissant & Fresh Fruit</i>
14 Noontime Dinner <i>Cheesy Scrambled Eggs Bacon & Breakfast Potatoes</i> Evening Supper <i>Tailgaters Chili Bowl with Cornbread</i>	15 Noontime Dinner <i>BBQ Country Pork Ribs with Baked Beans & Vegetable Du Jour</i> Evening Supper <i>All-American Cheeseburger with French Fries & Burger Sauce</i>	16 Noontime Dinner <i>Chicken Pot Pie topped with a Flaky Crust</i> Evening Supper <i>Italian Sub Sandwich Salami, Ham, Lettuce, Tomato and Pasta Salad</i>	17 Noontime Dinner <i>Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans</i> Evening Supper <i>Bourbon Street Meatballs over Red Beans & Rice</i>	18 Noontime Dinner <i>Tri-Color Tortellini in Rosa Italian Sausage Sauce with Tuscan Vegetables</i> Evening Supper <i>Chicken Tenderloins with Potato Salad & Dipping Sauce</i>	19 Noontime Dinner <i>Broiled Barramundi with Butter Parsley Potatoes & Vegetable Du Jour</i> Evening Supper <i>Mongolian Beef with White Rice & Steamed Potstickers</i>	20 Noontime Dinner <i>Country Fried Chicken Fritter over Mashed Potatoes & Gravy and Whole Kernel Corn</i> Evening Supper <i>Hungarian Goulash with a Dinner Roll</i>
21 Noontime Dinner <i>Chef's Choice Breakfast Plater</i> Evening Supper <i>Hot Ham & Cheese Croissant Sandwich served with Potato Chips</i>	22 Noontime Dinner <i>Smokehouse Beef Brisket with Steak Fries & Coleslaw</i> Evening Supper <i>Sloppy Joe Sandwich with Tater Tots</i>	23  Earth Day Noontime Dinner <i>Turkey Ala King over Puff Pastry</i> Evening Supper <i>California Style Chicken Sandwich with Rosemary Fries & Roasted Garlic Aioli</i>	24 Noontime Dinner <i>Salisbury Steak with Mashed Potatoes & Gravy & Vegetable Du Jour</i> Evening Supper <i>Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives</i>	25 Noontime Dinner <i>Chicken Chow Mein over Rice topped with Chow Mein Noodles</i> Evening Supper <i>Grilled Wisconsin Beer Bratwurst on a Bun with Sauerkraut & Cheddar Pretzel Nuggets</i>	26 Noontime Dinner <i>Lemon Pepper Tilapia with Rice Pilaf & Vegetable Du Jour</i> Evening Supper <i>Italian Beef Sandwich with Au Jus & 3 Bean Salad</i>	27 Noontime Dinner <i>Chicken Broccoli Fettuccini Alfredo with a Breadstick</i> Evening Supper <i>Sweet & Sour Chicken with Asian Vegetables over Rice Cream Cheese Wontons</i>
28 Noontime Dinner <i>Pork Roll Egg & Cheese on a Keiser Bun with Hash Browns</i> Evening Supper <i>Grandmothers Hamburger Gravy over Mashed Potatoes</i>	29 Noontime Dinner <i>Apple & Brie Stuffed Chicken Breast with Scalloped Potatoes & Vegetable Du Jour</i> Evening Supper <i>Personal Pizza with Pasta Salad</i>	30 Noontime Dinner <i>Beef & Broccoli Stir-Fry over Rice with Spring Rolls</i> Evening Supper <i>Tempura Shrimp with Vegetable Egg Fried Rice & Yumyum Sauce</i>			Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper